

BRISTOL

FOLK HOUSE

LEARNING FOR PLEASURE

COURSES AND WORKSHOPS

AUTUMN TERM 2018 8 SEPTEMBER – 15 DECEMBER
HALF TERM: 29 OCTOBER – 2 NOVEMBER

ARTS · PHOTOGRAPHY · CRAFTS · POTTERY · WRITING
MUSIC, DANCE AND DRAMA · FITNESS AND EXERCISE · LANGUAGES
WELLBEING · LIFE AND LEISURE

WELCOME

AUTUMN TERM 2018

The Bristol Folk House is a self-funded not-for-profit over 18 adult education centre in the heart of Bristol. We provide a variety of part-time day and evening courses and workshops. We aim to help the local community take part in 'learning for pleasure' courses in a friendly, relaxed environment.

We host live music events and festivals as well as serving delicious organic, locally sourced food in our café/bar. All our rooms, including the café, are also available to hire for private parties, functions or meetings.

For enrolment information and terms and conditions please see page 36. Full details are on our website. Courses and workshops fill up quickly we advise you to enrol early to avoid disappointment.

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TERM DATES

Term dates: 8 September – 15 December
Half term: 29 October – 2 November

Please note: There are no classes during half term and all 12 week courses have a break during this period.

Visit our website to join our mailing list to be the first to know what date the next terms enrolments open.

KEY

A1

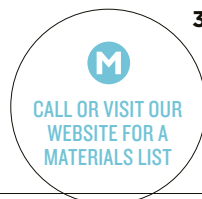
Course code to cross reference with timetable

M

Please visit the website for a materials list.

£84.00/£75.60/£50.40
(example)

Course fees:
Full price/65+yrs/Benefits

**BILL GUILDING | I Wish I Could Draw****A1** | | £77.30/£70.70/£61.70 | **Monday 5.30 – 7.30pm** | starts **17 Sep** | 6wks

Learn the skill of drawing from observation. In a relaxed and supportive atmosphere, you'll learn how to draw natural and man-made objects and people (clothed). You'll have opportunities to use a variety of drawing-media including pencil, charcoal, graphite-stick and ink. Absolute beginners welcome.

I Wish I Could Paint**A2** | | £69.00/£62.40/£53.40 | **Monday 2.15 – 4.15pm** | starts **5 Nov** | 6wks

This is a beginners course in representational painting. We will start with a simple landscape and you'll be guided through the painting procedures step-by-step, layer-by-layer. On the way we'll look at colour relationships and learn colour-mixing.

Drawing and Painting from Life**A3** | | £112.00/£104.00/£92.75 | **Monday 2.00 – 4.30pm** | starts **17 Sep** | 6wks

Drawing and/or painting directly from a model, both nude and clothed. All drawing and painting media welcome. The model will stay in one pose each session, but fast workers may change position. Painters are recommended to have some experience of drawing from life.

Life Drawing: Basic Skills**A4** | | £89.85/£83.25/£74.25 | **Monday 5.30 – 7.30pm** | starts **5 Nov** | 6wks

In this six week guided course you will learn the basic skills of life drawing. This is aimed at beginners although other levels are also welcome.

Painting in Oils and Acrylics**A5** | | £138.00/£124.80/£106.80 | **Tuesday 4.00 – 6.00pm** | starts **18 Sep** | 12wks**A6** | | £138.00/£124.80/£106.80 | **Tuesday 6.15 – 8.15pm** | starts **18 Sep** | 12wks**A7** | | £138.00/£124.80/£106.80 | **Wednesday 5.30 – 7.30pm** | starts **19 Sep** | 12wks

A course in the art of painting - from observation, sketches, photographs and the imagination - representational or otherwise. The course will be adjusted to the inclinations of the students. Mixed ability and ideal for those students with some experience.

Portraiture**A8** | | £111.25/£103.00/£91.75 | **Wednesday 2.00 – 4.30pm** | starts **19 Sep** | 6wks**A9** | | £111.25/£103.00/£91.75 | **Wednesday 2.00 – 4.30pm** | starts **7 Nov** | 6wks

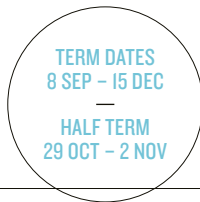
Develop your skill at painting or drawing faces. You may use any medium. Some previous experience of drawing from observation is recommended.

Saturday – Portraiture Workshop**S38** | | £38.75/£36.00/£32.25 | **6 October 10.00 – 4.00pm**

Spend a day drawing or painting the face from a live model, with plenty of guidance. You may use any medium you are familiar with.

Saturday – Painting from Life Workshop**S83** | | £39.15/£36.40/£32.65 | **1 December 10.00 – 4.00pm**

Spend a day painting directly from a model. There'll be just one pose, with the model nude but in colourful surroundings. All paint-types welcome, pastels and crayons too, but for this one-off workshop it's best to use a medium you are familiar with. Some experience of drawing from life is recommended.



NO FORMAL TUITION PROVIDED **Life Drawing - Drop-in and Draw DD** | **M** | £12.00 | **Every Friday** 10.00 – 1.00pm | **Term time only**

These sessions are for anyone who wants to draw in a relaxed environment. There is no formal tuition however, an organiser is on hand to organise the model and the room. Just come along with your materials and get drawing. Limited spaces. First come first serve. No entry after 10am.

SARAH KELLY **Art History: Art in the 1920s and 1930s (Part 2)**
NEW A10 | £143.60/£130.40/£112.40 | **Monday** 10.00 – 12.00pm | starts **17 Sep** | 12wks

Extraordinary art was created between the two world wars. This course will focus on the 1930s, a decade coloured by the rise of Fascism. Explore art movements across Europe, including the infamous exhibitions of degenerate art in Germany and Picasso in Spain. No prior knowledge required to attend this 2nd part course.

NEW Art History: The 15th Century: Early Netherlandish Painting
A11 | £69.00/£62.40/£53.40 | **Thursday** 2.00 – 4.00pm | starts **8 Nov** | 6wks

Explore Jan van Eyck's exquisite, jewel-like paintings and Hieronymus Bosch's bizarre world of monsters. The 15th century: a time of extraordinary developments in art. We will discuss a pick of Northern Renaissance artists in friendly, informal sessions. No prior knowledge required.

NEW Saturday – Art History: The Art of the Spanish Civil War
S44 | **M** | £34.50/£31.20/£26.70 | **20-21 October** 10.00 – 1.00pm

A brutal conflict which engendered extraordinary paintings and prints from Spanish artists. Over the weekend we will explore the art of Picasso, Salvador Dali and Joan Miro. **Two sessions across two days.**

JENNY MIZEL **Acrylic Painting**
A12 | **M** | £138.00/£124.80/£106.80 | **Monday** 10.30 – 12.30pm | starts **17 Sep** | 12wks

This course is for those returning to painting or just starting out. Experiment with the many techniques and uses of acrylic paint, improve your skills and explore new ideas with this incredibly versatile medium.

Experimental Art
A14 | **M** | £138.00/£124.80/£106.80 | **Wednesday** 10.30 – 12.45pm | starts **19 Sep** | 12wks

A15 | **M** | £69.00/£62.40/£53.40 | **Thursday** 5.30 – 7.30pm | starts **20 Sep** | 6wks

A16 | **M** | £69.00/£62.40/£53.40 | **Thursday** 5.30 – 7.30pm | starts **8 Nov** | 6wks

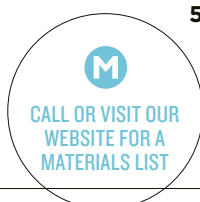
This course is for those wanting to free up and experiment. Explore different techniques and media including simple printmaking, collage, acrylic paint, inks and more. Create some self-directed art under the guidance of the tutor. All welcome.

Exploring Drawing
A17 | **M** | £69.00/£62.40/£53.40 | **Tuesday** 1.30 – 3.30pm | starts **6 Nov** | 6wks

Find exciting ways of drawing through different methods of observation and using a variety of materials such as charcoal and inks. In this six week course explore line, tone and composition and how to combine them. All welcome.

Saturday – Acrylic Painting Workshop
S2 | £32.75/£30.00/£26.25 | **8 September** 10.00 – 4.00pm

Experiment with acrylic paint, discover new techniques and your own creativity. Enjoy the colour, texture and tone of this versatile medium and gain confidence. All levels welcome and all materials provided.



JENNY MIZEL **Saturday – Charcoal and Pastels Workshop**
CONTINUED S87 | £32.75/£30.00/£26.25 | **8 December** 10.00 – 4.00pm

This workshop will give you the opportunity to explore the drama of charcoal and the vibrant colour of pastels. It is ideal for absolute beginners and also those with some experience. All materials are provided.

WARREN SEALEY **Watercolour for Beginners**
A18 | **M** | £71.70/£65.10/£56.10 | **Monday** 7.45 – 9.45pm | starts **17 Sep** | 6wks

Get off on the right foot with this challenging medium by learning the traditional techniques, which can be applied to all subjects. With regular demonstrations, paintings are developed step-by-step, in an informal atmosphere.

Oil Painting for Beginners
A19 | **M** | £142.80/£129.60/£111.60 | **Wednesday** 7.45 – 9.45pm | starts **19 Sep** | 12wks

For beginners and those with a little oil painting practice. During this course we will look at the basics of oil painting including all the essential, basic techniques that go with using this medium. This is a great way to build your confidence and knowledge and get you going with focused painting projects.

NEW Oil Painting Intermediate
A20 | **M** | £73.80/£67.20/£58.20 | **Monday** 7.45 – 9.45pm | starts **5 Nov** | 6wks

Oil painting intermediate level is a course for painters who have some experience with oil painting or have already completed the beginners course. During this course we will extend experience of oil painting including tonal values, colour mixing, painting procedures and technical elements such as when to use oil mediums.

Saturday – Oil Painting Workshop
S27 | **M** | £29.25/£26.50/£22.75 | **29 Sep** 10.00 – 4.00pm

We will be looking at the factors that make up a still-life painting like composition, colour, drawing and tone. Still-life is a great subject for beginners to get into oil painting. Step-by-step guidance will get you started on your painting journey.

MARILYN MILLARD **Learn to Draw**
A21 | **M** | £93.75/£85.50/£74.25 | **Monday** 10.00 – 12.30pm | starts **17 Sep** | 6wks

A22 | **M** | £93.75/£85.50/£74.25 | **Monday** 10.00 – 12.30pm | starts **5 Nov** | 6wks

An excellent course, developed to encourage beginners and improvers who want to learn the invaluable techniques of line, tone, proportion and perspective over a wide range of subjects. Suitable for all.

Painting in Watercolour
A23 | **M** | £111.00/£101.10/£87.60 | **Monday** 1.30 – 4.00pm | starts **17 Sep** | 6wks

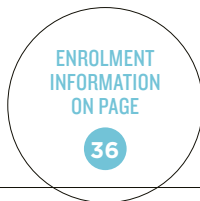
A24 | **M** | £111.00/£101.10/£87.60 | **Monday** 1.30 – 4.00pm | starts **5 Nov** | 6wks

Enjoy painting easy step by step projects and develop both skills and confidence in using watercolour. Guided by an experienced tutor in a friendly atmosphere. All levels welcome.

Landscapes in Watercolour
A25 | **M** | £111.00/£101.10/£87.60 | **Wednesday** 10.00 – 1.00pm | starts **19 Sep** | 6wks

A26 | **M** | £111.00/£101.10/£87.60 | **Wednesday** 10.00 – 1.00pm | starts **7 Nov** | 6wks

Enjoy learning to paint a variety of beautiful scenes. You will be guided to produce a range of works and develop your painting skills. All levels welcome, but primarily aimed at those with some watercolour experience. Two six week courses.

**MARILYN MILLARD** **Sketching in Watercolour**CONTINUED **A27** | M | £111.00/£101.10/£87.60 | **Thursday 10.00 – 1.00pm** | starts **20 Sep** | 6wks**A28** | M | £111.00/£101.10/£87.60 | **Thursday 10.00 – 1.00pm** | starts **8 Nov** | 6wks

Learn to draw in pencil and pen, combined with painting to capture various subjects in easy step-by-step lessons. Ideal for beginners in a relaxed and friendly atmosphere with plenty of guidance.

Botanical Painting**A29** | M | £111.50/£101.60/£88.10 | **Thursday 2.00 – 5.00pm** | starts **20 Sep** | 6wks

Enjoy painting beautiful flowers from observation. An inspiring course that gives step-by-step techniques for using watercolour. All Levels welcome.

Skies and Seascapes in Watercolour**A30** | M | £111.00/£101.10/£87.60 | **Thursday 2.00 – 5.00pm** | starts **8 Nov** | 6wks

Enjoy painting inspiring step-by-step projects. A great way to learn or expand your skills and confidence in handling watercolour. Suitable for all levels. A six week course.

Saturday – Landscapes in Watercolour Workshop**S37** | M | £32.25/£29.50/£25.75 | **6 October 10.00 – 4.00pm**

Ever wanted to paint inspiring landscapes? This workshop is an excellent way to develop your watercolour skills in a welcoming environment. Suitable for all abilities.

Saturday – Botanical Painting Workshop**S71** | M | £32.25/£29.50/£25.75 | **17 November 10.00 – 4.00pm**

Spent the day drawing and painting flowers in watercolour. With guidance from an experienced tutor in a relaxing atmosphere. All abilities welcome.

Saturday – Skies and Seascapes in Watercolour**S91** | M | £32.25/£29.50/£25.75 | **8 December 10.00 – 4.00pm**

Paint beautiful skies and seascapes. This workshop is an excellent way to develop your watercolour skills in a welcoming environment. Suitable for all abilities.

MARTIN LOVELL **The Versatility of Watercolour****A31** | M | £155.25/£140.40/£120.15 | **Thursday 10.30 – 12.45pm** | starts **20 Sep** | 12wks

Explore the medium of watercolour and discover its potential. This class is for those with some experience and will respond to the needs and interests of the individual.

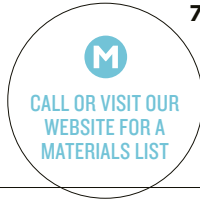
Painting Projects: Multi-level**A32** | M | £155.25/£140.40/£120.15 | **Thursday 2.00 – 4.15pm** | starts **20 Sep** | 12wks

Develop your confidence and your own approach when working with different media and processes. This class offers a shared starting point referencing artists, art movements and exhibitions to help inspire you.

GREG HARRIS **Saturday – Understanding Colour and Marks in Oils****S49** | £85.25/£79.20/£70.95 | **20-21 October 10.00 – 4.30pm**

An in depth exploration of colour harmony and how to achieve a variety of gestures with liberal use of oil paints. Focusing on painting portraits from photographs you will develop knowledge on how to apply oil paints in exciting and expressive ways.

This is a two day weekend workshop.

**SARAH GRICE** **Exploring Illustration Extended****A33** | M | £152.00/£138.80/£120.80 | **Thursday 7.45 – 9.45pm** | starts **20 Sep** | 12wks

Develop and enhance your illustrative skills and/or projects. Look at the illustrative process (such as character, story boarding, using different mediums etc). Former illustration students and anyone with some artistic experience who are new to illustration are all welcome.

Saturday – Illustrative Life Drawing**S59** | M | £30.50/£28.85/£26.60 | **3 November 1.30 – 4.30pm**

Suitable for anyone with previous life drawing experience. Drawing directly from a model/actor students will be guided through a mixture of short and long poses, focusing on capturing character through body language and expression.

CHRIS HALLS **Complete Figure Drawing and Anatomy****A34** | M | £69.00/£62.40/£53.40 | **Thursday 7.30 – 9.30pm** | starts **20 Sep** | 6wks

For beginners, this six week course will provide students with a complete understanding of simplified anatomy for the human form that can be applied to many other practises, such as life drawing, portraiture, illustration, animation and sculpture. Learn to draw the body correctly in proportion and move it in 3-dimensions.

JOHN REA **Cartoons and Comics****A35** | M | £60.40/£54.60/£46.70 | **Thursday 8.00 – 9.45pm** | starts **8 Nov** | 6wks

Learn how to draw cartoons and cartoon characters through a series of enjoyable practical exercises and a detailed study of cartooning techniques in a supportive environment. All abilities welcome.

Saturday – Introduction to Cartooning**S55** | M | £28.75/£26.00/£22.25 | **3 November 10.00 – 4.00pm**

Explore cartooning both as an art form and means of self expression. Subjects covered include faces and expressions, body shapes and postures, lettering, and cartoon language.

ROMA WIDGER **Etching and Drypoint****A36** | M | £146.00/£132.80/£114.80 | **Tuesday 5.30 – 7.30pm** | starts **18 Sep** | 12wks

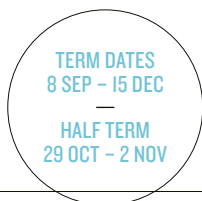
Etching for beginners and improvers. You will receive tuition in the basic techniques and guidance in making personal projects. No prior knowledge is required, just an interest in printmaking.

Saturday – Drawing for Complete Beginners**S16** | £34.75/£32.00/£28.25 | **22 September 10.00 – 4.00pm**

This workshop is designed for complete beginners and will introduce students to mark-making, perspective, tone, and composition. We will look at figures, landscape and structures as subjects. All materials are included and everyone is welcome.

Saturday – Drawing for Improvers**S96** | £33.75/£31.00/£27.25 | **15 December 10.00 – 4.00pm**

Extend your drawing skills and develop a transferable skill. In this one day workshop we will look to improve your technique, use new materials and enjoy fresh subjects. All materials provided, just turn up and enjoy. Everyone with some drawing experience welcome.

**KERRY DAY Lino Printing****A37** | M | £158.00/£144.80/£126.80 | **Wednesday 2.00 – 4.00pm** | starts **19 Sep** | 12wks**A38** | M | £158.00/£144.80/£126.80 | **Wednesday 5.30 – 7.30pm** | starts **19 Sep** | 12wks

Learn the wonderful art of lino cutting or refresh your skills. Translate your ideas into prints, using Japanese style cutting tools. Learn to bring tone and texture to your work with hand burnishing techniques as well as printing with a press.

Collograph Printing**A39** | M | £94.00/£87.40/£78.40 | **Tuesday 7.45 – 9.45pm** | starts **18 Sep** | 6wks

An accessible and versatile print process using collaged textures as your printing block to create relief or etched prints. Come and enjoy the creative process of exploring printmaking and having fun with patterns and colours.

Saturday – Introduction to Lino Printing**S14** | M | £38.75/£36.00/£32.25 | **15 September 10.00 – 4.00pm**

Learn the basics of lino cutting printing, covering a variety of cutting methods and hand printing techniques. Lino cuts are a dramatic yet simple printmaking technique that can be used at home without any expensive equipment.

Saturday – Multi Block Lino Printing**S45** | M | £77.50/£72.00/£64.50 | **20-21 October 10.00 – 4.00pm**

Learn how to design, carve and print a multi block lino print in colour. You will have time to make something special. **This is a two day weekend workshop.**

Saturday – Lino Printing onto Fabric**S82** | M | £38.75/£36.00/£32.25 | **1 December 10.00 – 4.00pm**

Learn to create repeated patterns onto fabric using the block printing method, using lino, foam, erasers, card and other unusual objects as your printing block.

JUSTYNA MEDON Creative Fabric Printing**A40** | M | £84.00/£77.40/£68.40 | **Tuesday 7.45 – 9.45pm** | starts **6 Nov** | 6wks

Explore how repeated patterns can bring fabrics to life. You'll be working with collage, photographs, drawings, mono-printing, silk screen and stencils to create designs onto fabric. Suitable for all levels.

SOPHIE RAE Creative Printmaking**A41** | M | £79.00/£72.40/£63.40 | **Thursday 5.30 – 7.30pm** | starts **20 Sep** | 6wks

Get creative with printing techniques using stencils, rollers and specialised inks. The course will take you through how to complete a detailed multi-layered print and give you time to experiment. For everyone, including beginners.

Saturday – Printing with Stencils Workshop**S65** | M | £33.75/£31.00/£27.25 | **10 November 10.00 – 4.00pm**

Have fun with durathene rollers, using them with paper stencil, without the need of a press. Participants will be taught how to build up their image gradually. Experiment with techniques and develop beautiful prints. Suitable for all levels.

MIKE TERRET Saturday – Celtic Art: Introducing Knotwork**S22** | M | £17.25/£15.60/£13.35 | **22 September 1.00 – 4.00pm**

A hands on introduction to the fascinating world of celtic art through the language of knots. How to unlock an entire vocabulary from a simple plait and how these marvelous patterns can then be used and what they might mean.

**GRAHAM PARISH Using Your Digital Camera: Beginners****A42** | M | £103.50/£93.60/£80.10 | **Thursday 1.00 – 4.00pm** | starts **20 Sep** | 6wks

We will look at all aspects of digital photography using step-by-step methods and weekly projects. Learn how to use camera controls effectively. Concentrate on how to take impressive photographs rather than how to edit them afterwards. Suitable for DSLR, Bridge and CSC cameras.

Using Your Digital Camera: Improvers**A43** | M | £103.50/£93.60/£80.10 | **Thursday 1.00 – 4.00pm** | starts **8 Nov** | 6wks

If you have gained confidence and an understanding of the basic controls of your DSLR, Bridge or CSC camera, now you can improve your skills even more, and we'll look at advanced techniques to get the best photos.

LEE SPENCER-FLEET Saturday – Using your Digital Camera Workshop**S20** | M | £28.75/£26.00/£22.25 | **22 September 10.00 – 4.00pm****S67** | M | £28.75/£26.00/£22.25 | **10 November 10.00 – 4.00pm**

Get away from just using the auto button and take your photography to the next level. Getting to grips with apertures, shutter speeds, depth of field, ISO and composition will allow you to take better pictures. Suitable for DSLR, Bridge and CSC.

WENDY LEOCQUE Darkroom Discovery Course**A44** | M | £106.75/£98.50/£87.25 | **Tuesday 10.30 – 1.00pm** | starts **6 Nov** | 6wks

Taking inspiration from the old photography masters, you will experiment with traditional photography techniques. This course will give you the chance to create your very own bespoke work or art. Suitable for beginners, no experience necessary.

Saturday – Have a go Darkroom Taster**S30** | M | £32.75/£30.00/£26.25 | **29 September 10.00 – 4.00pm****S101** | M | £32.75/£30.00/£26.25 | **24 November 10.00 – 4.00pm**

Learn how to use an enlarger and photographic chemicals to traditionally print your own negatives. Please bring your own black and white negatives to print from. No darkroom experience necessary for this workshop.

ELLA BRYANT Saturday – Tactile Photography**S40** | M | £35.75/£33.00/£29.25 | **6 October 10.00 – 4.00pm**

Have you got some old photos lying around or do you have some new photographs that haven't come out the way you expected? Give them a new lease on life in this fun workshop. Physically manipulate and enhance photographs by burning, stitching, painting and collaging, blurring the lines between art and photography.

Saturday – Surrealist Photography**S58** | M | £46.75/£44.00/£40.25 | **3 November 10.00 – 4.00pm**

Drawing inspiration from the works of surrealist artists, participants will create their own hand printed surrealist photographs. Produce images by combining negatives of the body with unusual objects and explore Cyanotype and Van Dyke print processes.

Saturday – Photographic Printing onto Objects**S93** | M | £47.55/£44.80/£41.05 | **8 December 10.00 – 4.00pm**

A one-day workshop for those who want to learn the art of printing photographic images onto 3D surfaces. Using photographic liquid emulsion and darkroom chemicals, you will learn every step of the process for developing your images.

BRISTOL FOLK HOUSE

DARKROOM

We have a purpose built wet-based photography facility which can be used by both members and non-members. We run courses and workshops throughout the year and the space is also available for private hire.

DARKROOM FACILITIES*

- Seven black and white enlargers 35mm/ medium/large format
- Black and white film development facilities
- Print finishing facilities
- Technical support and chemistry

MEMBERSHIP

Becoming a member gives you greater flexibility and some great benefits.

MEMBER FEES

12 Months - £40
6 Months - £30

SESSION FEES

£5 per hour for Members
£7 per hour for Non-Members

BOOKINGS

Please book darkroom sessions in advance to ensure access to the equipment. All darkroom users share the work space and must use the enlarger they have booked. For more information or to book please ring 0117 926 2987 or email darkroom@bristolfolkhouse.co.uk

ROOM HIRE

If you would like to run your own workshop or one-to-one teaching sessions in our darkroom or hire the facility for a team building day, please contact: darkroom@bristolfolkhouse.co.uk

OPENING HOURS (during term time)

Monday – Thursday 9am – 9pm
Friday – Saturday 9am – 5pm

(Times may vary dependent on courses and workshops running).

PHOTOGRAPHY CONTINUED

M
CALL OR VISIT OUR
WEBSITE FOR A
MATERIALS LIST

MARTYN GRIMMER **Photography Cyanotypes and Gum-bichromate Introduction**

A45 | £133.50/£123.60/£110.10 | **Thursday 6.00 – 9.00pm** | starts **8 Nov** | 6wks
Learn the historic processes of gum bichromate and cyanotype printing. These photographic processes are a great introduction to alternative photography. The two techniques can be combined to create remarkably beautiful images.

SOPHIE SHERWOOD **Saturday – In the Darkroom - Painting with Chemistry**

S63 | **M** | £38.25/£35.50/£31.75 | **10 November 10.00 – 4.00pm**
Learn how to make your own chemigrams in the Folk House darkroom. Previous darkroom experience is a bonus but not necessary, just an open mind ready to create. Bring along negatives to use and add another dimension to your images.

JOHN TAYLOR **Saturday – Black and White Film Developing**

S102 | **M** | £38.75/£36.00/£32.25 | **6 October 10.00 – 4.00pm**
Shoot a black and white film in advance (Ilford HP5 Plus) and bring this along. In this workshop you will develop a black and white film, make negatives and contact sheets. No previous darkroom experience necessary.

Saturday – Black and White Film Printing

S103 | **M** | £38.75/£36.00/£32.25 | **17 November 10.00 – 4.00pm**
In this day you will print your own negatives. Learn how to make a basic black and white print, and enhance the print using various techniques. Bring your own black and white negatives (35mm or 120).

CRAFTS

FAITH MORTON **Saturday – Natural DIY Spa Day**

S56 | £40.75/£38.00/£34.25 | **3 November 10.00 – 4.00pm**
Learn how to make and take home a variety of natural beauty care products such as body scrub, bath bombs, face mask, lip balm, hand salve and face cream.

LESLEY SCARFE **Stained Glass**

C1 | **M** | £106.25/£98.00/£86.75 | **Friday 10.00 – 12.30pm** | starts **21 Sep** | 6wks
C2 | **M** | £106.25/£98.00/£86.75 | **Friday 10.00 – 12.30pm** | starts **9 Nov** | 6wks
These six week courses are for anyone interested in learning all the techniques involved with cutting glass, preparing and cutting lead, soldering panels together, finishing off with cement and polishing. Beginners are welcome.

Saturday – Stained Glass Mirror Taster Day

S29 | **M** | £43.75/£41.00/£37.25 | **29 September 10.00 – 4.00pm**
Make a small stained glass mirror, learning and using traditional techniques of glass cutting, leading, soldering and finishing. All tools, lead and glass are provided.

Saturday – Stained Glass Taster Day

S66 | **M** | £43.75/£41.00/£37.25 | **10 November 10.00 – 4.00pm**
A chance to try all the techniques used in creating a small leaded glass panel, to include glass cutting, leading, soldering and finishing. All materials provided.

CRAFTS CONTINUED**ANGELA MORRIS Saturday – Interior Design Workshop****S73** | M | £30.25/£27.50/£23.75 | **17 November** 10.00 – 4.00pm

This hands on workshop will explore some of the secrets of designing inspiring interiors. Learn how colour, pattern and texture can enhance a room. Discover how to produce a successful room layout, and create an inspiring mood board of ideas.

JUSTYNA MEDON Printing for Home Accessories**C21** | M | £82.00/£75.40/£66.40 | **Friday** 1.00 – 3.00pm | starts **9 Nov** | 6wks

This course invites students to discover techniques for decorating home accessories and how to print your own unique patterns. During this course you will explore how to decorate various textiles, print napkins, tea towels, cushion covers, table runners.

FRANKIE HUDSON Saturday – Mosaic Workshop**S18** | M | £43.75/£41.00/£37.25 | **22 September** 10.00 – 4.00pm

A busy day introducing how to create a mosaic with a variety of alternatives to try out for yourselves. An opportunity to complete a small panel to take home. Cutting tools and all materials provided.

KIM THOMSON Jewellery: Silversmithing Techniques**C3** | M | £169.00/£155.80/£137.80 | **Monday** 5.30 – 7.30pm | starts **17 Sep** | 12wks**C4** | M | £169.00/£155.80/£137.80 | **Monday** 7.45 – 9.45pm | starts **17 Sep** | 12wks**C5** | M | £169.00/£155.80/£137.80 | **Tuesday** 3.00 – 5.00pm | starts **18 Sep** | 12wks**C6** | M | £169.00/£155.80/£137.80 | **Wednesday** 7.45 – 9.45pm | starts **19 Sep** | 12wks

Learn how to file, drill, form, anneal, patinate, texture, solder and polish metals such as copper and silver. In fact, everything you need to make your own jewellery. You will then work from your own designs with plenty of guidance from the tutor.

Saturday – Silver Ring in a Day**S5** | M | £54.75/£52.00/£48.25 | **8 September** 10.00 – 4.00pm**S98** | M | £54.75/£52.00/£48.25 | **15 December** 10.00 – 4.00pm

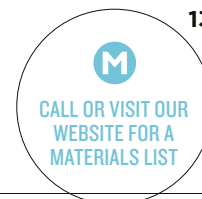
Learn how to form metals into a ring band and add embellishments with textures, hand cut shapes and ready made settings. You will learn techniques such as cutting, filing, forming, soldering and polishing metals as well as how to use a variety of tools.

JESSICA MELVILLE-BROWN Saturday – Introduction to Enamelling**S9** | M | £38.75/£36.00/£32.25 | **15 September** 10.00 – 4.00pm

You will learn how to enamel onto copper, using powdered enamels and liquid industrial enamels. You will work on a tile and a collection of jewellery exploring the scrafitto technique, and experimenting with a range of fluxes.

KAREN REILLY Dressmaking**C7** | M | £153.00/£139.80/£121.80 | **Monday** 5.30 – 7.30pm | starts **17 Sep** | 12wks**C8** | M | £153.00/£139.80/£121.80 | **Monday** 7.45 – 9.45pm | starts **17 Sep** | 12wks**C9** | M | £153.00/£139.80/£121.80 | **Tuesday** 2.00 – 4.00pm | starts **18 Sep** | 12wks**C10** | M | £153.00/£139.80/£121.80 | **Tuesday** 5.30 – 7.30pm | starts **18 Sep** | 12wks**C11** | M | £153.00/£139.80/£121.80 | **Tuesday** 7.45 – 9.45pm | starts **18 Sep** | 12wks

Come and make your own clothes. You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course. Limited spaces.

CRAFTS CONTINUED**KAREN REILLY Sewing for Beginners****C12** | M | £153.00/£139.80/£121.80 | **Thursday** 5.30 – 7.30pm | starts **20 Sep** | 12wks**C13** | M | £153.00/£139.80/£121.80 | **Thursday** 7.45 – 9.45pm | starts **20 Sep** | 12wks

An introduction to the art of basic sewing. You will learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine. By the end of the course you will have some finished products, such as cushions or purses. Limited spaces.

Saturday – Learn to Sew and Make a Bag in a Day**S26** | M | £28.75/£26.00/£22.25 | **29 September** 10.00 – 4.00pm

You'll get to grips with a sewing machine and then go on to make your own bag to take home. A great way to get you started with sewing and discover the joy of making and having fun with fabrics.

Saturday – Sewing Surgery**S90** | M | £28.75/£26.00/£22.25 | **8 December** 10.00 – 4.00pm

Have you come unstuck with your latest sewing project? Need to put the finishing touches on your textile masterpiece? Spend a day working on your own projects.

MARGARET CRUMP Sewing for Beginners**C14** | M | £153.00/£139.80/£121.80 | **Friday** 11.00 – 1.00pm | starts **21 Sep** | 12wks

Learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine to create some practical and decorative items. Later in the term you will be able to follow a pattern to create basic garments. Limited spaces.

LORRAINE JOSEPH Dressmaking**C15** | M | £153.00/£139.80/£121.80 | **Wednesday** 5.30 – 7.30pm | starts **19 Sep** | 12wks**C16** | M | £153.00/£139.80/£121.80 | **Wednesday** 7.45 – 9.45pm | starts **19 Sep** | 12wks

Come and make your own clothes! You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course. Limited spaces.

Saturday – Handmade Lingerie Workshop**S62** | M | £32.25/£29.50/£25.75 | **10 November** 10.00 – 4.00pm

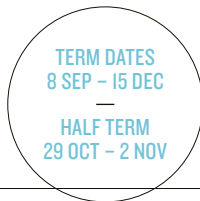
The aim during this one day workshop is to produce an item of lingerie, learning skills of cutting out, working with fine fabrics, sewing techniques and decorative finishes. Choices of lingerie are: Camisole and knickers, Bustier Set, Bias cut slip, Boxer Shorts. Students should have some experience and confidence using a sewing machine.

DAISY HAMID Saturday – Sewing for Beginners Workshop**S4** | M | £33.75/£31.00/£27.25 | **8 September** 10.00 – 4.00pm**S13** | M | £33.75/£31.00/£27.25 | **29 September** 10.00 – 4.00pm

Get to grips with a sewing machine in this fun workshop. Learn how to thread and use a machine, create button holes and put in zips - plus lots of tips and tricks! Then practice your new skills by making a cushion and purse. Suitable for beginners or those looking to improve their skills.

Saturday – Sew a Christmas Stocking**S97** | M | £31.75/£29.00/£25.25 | **15 December** 10.00 – 4.00pm

Come and join this fun workshop and make your very own Christmas stocking. Using your own fabrics you can create a beautiful stocking with applique designs to brighten up your home for the festive season. Suitable for beginners.



RHYANNAN HALL Saturday – Indigo Dye Workshop
S52 | | £27.25/£25.60/£23.35 | **3 November 10.00 – 1.00pm**

Indigo is a distinctive blue colour and among the oldest natural dyes to be used for textile dyeing. The technique for using indigo is unique. This is an opportunity to get to grips with the basics of dyeing with indigo.

Saturday – Shibori Extended
S69 | | £39.75/£37.00/£33.25 | **10 November 10.00 – 4.00pm**

This extended shibori workshop is for those who want to delve deeper into the world of memory on cloth. A practical hands-on workshop with demonstrations to teach you how to use this beautiful fabric dye technique.

Saturday – Natural Dye Workshop
S74 | | £43.75/£41.00/£37.25 | **17 November 10.00 – 4.00pm**

Spend the day exploring natural dyeing processes, using a mixture of plant-based dyes and things you might find in your kitchen. A mixture of theory and practical experiments. Learn the tips and tricks of dyeing to take home.

SHIRLEY DOWNEY Knitting and Crochet
C17 | | £69.00/£62.40/£53.40 | **Tuesday 7.15 – 9.15pm | starts 18 Sep | 6wks**

You will learn about basic stitches, patterns, skills, yarns, equipment and how to read a pattern in this six week course. Why buy something when you can make something better? Get creative and learn to knit. Everyone welcome.

Saturday – Knitting and Crochet Workshop
S10 | | £28.75/£26.00/£22.25 | **15 September 10.00 – 4.00pm**

This is open to beginner and intermediate level knitters and crocheters, with tips and tricks tailored to each student's own experience. You will be supported and shown techniques to get you going with your own creative crochet and/or knitting projects.

Saturday – Crochet Squares & Blankets Workshop
S31 | | £28.75/£26.00/£22.25 | **29 September 10.00 – 4.00pm**

Learn how to make a variety of crochet squares - the basis of beautiful blankets and throws. From the basic square we will progress to uses of colour and lace and joining techniques. You will produce a couple of squares, depending on skill.

Saturday – Christmas Tree Decorations – Knit and Crochet
S79 | | £28.75/£26.00/£22.25 | **1 December 10.00 – 4.00pm**

Decorate your tree in true style this year with a variety of home-made fun creations. Patterns will be available to make bells which jangle, glittery stars, coloured baubles, Santa's boots and much more. This workshop is ideal for those who can already knit or crochet a little.

SARAH EDWARDS Basket Weaving Course
C18 | | £99.00/£92.40/£83.40 | **Thursday 7.30 – 9.30pm | starts 8 Nov | 6wks**

Learn how to create modern stylish vessels using ancient basket making techniques and a range of materials. Various styles will be taught. Learn how to make baskets to use at home.



SARAH EDWARDS Saturday – Willow Owl Sculpture Workshop
 CONTINUED **S68** | | £43.75/£41.00/£37.25 | **10 November 10.00 – 4.00pm**

NEW Discover the creative potential of willow, learn the basic techniques and then weave your own owl to take home. Ideal for beginners or improvers.

Saturday – Willow Reindeer Sculpture Workshop
S99 | | £43.75/£41.00/£37.25 | **15 December 10.00 – 4.00pm**

Create a festive Reindeer out of willow. Discover the creative potential of willow, and weave your own Rudolf to decorate your home this Christmas. Willow Reindeer decoration is up to 1 meter tall.

DANIEL BENDEL Woodcarving Course
C19 | £74.00/£67.40/£58.40 | **Thursday 10.30 – 12.30pm | starts 20 Sep | 6wks**

C20 | £74.00/£67.40/£58.40 | **Thursday 10.30 – 12.30pm | starts 8 Nov | 6wks**
 For beginners or continuing students who want to make a small, simple shaped, sculptural carving. Come with an idea in mind and learn the carving techniques that will make your idea. For new carvers this course will provide support to help you develop an idea. All tools and materials provided.

Saturday – Letter Cutting Wood Workshop
S81 | | £36.75/£34.00/£30.25 | **1 December 10.00 – 4.00pm**

A one day course where you can learn to make incised lettering in wood for your house or door or for a personal plaque. A step-by-step course using chisels, and gouges. Come with an idea for a small project for the day.

ESTHER KEEN Saturday – Make and Paint your own Small Leather Goods
S78 | | £30.75/£29.10/£26.85 | **1 December 10.00 – 1.00pm**

Craft your own small leather goods piece (choose from a glasses case, a coin pouch, a simple purse or a card holder) from vegetable tanned leather and hand paint it with your own design. Come with an idea or ask the tutor for guidance.

LAWRENCE Saturday – Hardback Bookbinding
HASSAN S1 | | £35.00/£32.80/£29.80 | **8 September 10.00 – 3.00pm**

Welcome to this beginners guide to book making! You will learn everything from traditional Japanese book stitch techniques to book cover design and you'll leave with a hardback book made by your very own hands.

NEIL INGHAM Saturday – Calligraphy Workshop – Round Hand
S35 | | £33.75/£31.00/£27.25 | **6 October 10.00 – 4.00pm**

Saturday – Calligraphy Workshop – Italics
S61 | | £33.75/£31.00/£27.25 | **10 November 10.00 – 4.00pm**

Calligraphy is an art form which has been enjoyed for centuries. A very relaxing form of craft. Calligraphy can be used for poetry, stationery, art and design and even furniture. It is suitable for beginners and those with some experience.

POTTERY

ENROLMENT
INFORMATION
ON PAGE

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We have a well-established pottery studio run by a professional team with a wide range of expertise and skills. We use smooth white Stoneware clay, Crank and Earthenware. All clay, glazing and firing is included in the cost of the course or workshop. Due to popular demand please enrol early.

STEVE CARTER Pottery Day Studio**P1** | £244.15/£226.80/£203.20 | **Monday 10.00 – 4.15pm** | starts **17 Sep** | 6wks**P2** | £244.15/£226.80/£203.20 | **Monday 10.00 – 4.15pm** | starts **5 Nov** | 6wks

This is an opportunity for practised and aspiring makers to explore and develop their work in greater depth. Working through mainly self-directed projects with tutor guidance and teaching. There will also be short presentations and discussions around art and technology as required to feed into both individual and shared interests.

Saturday – Pottery Brown Betty Teapot**S19** | £44.50/£41.20/£36.70 | **22 September 10.00 – 4.00pm**

Enjoy using different hand-building and casting techniques to generate your own unique, and fully functional traditional style teapot. Beginners welcome.

MARGARET CRUMP Pottery – Beginners**P3** | £186.00/£172.80/£154.80 | **Wednesday 7.45 – 9.45pm** | starts **19 Sep** | 12wks

This is a course that will help you to combine your enthusiasm and creativity with a sound foundation of the several techniques of hand building pottery. During the second part of the course you can take up the challenge of using the potter's wheel, complete extended handbuilding projects and use clay as a sculptural medium.

Pottery – Beginners Extended**P4** | £232.50/£216.00/£193.50 | **Wednesday 10.00 – 12.30pm** | starts **19 Sep** | 12wks

This course starts with a series of short projects designed to teach you several techniques of hand building pottery while exploring your own creativity. In the second half of the term the basics of the potters wheel are introduced. This is combined with the opportunity to improve all techniques by completing individual work.

Pottery – Improvers**P5** | £279.00/£259.20/£232.20 | **Monday 6.00 – 9.00pm** | starts **17 Sep** | 12wks**P6** | £186.00/£172.80/£154.80 | **Wednesday 5.30 – 7.30pm** | starts **19 Sep** | 12wks

This course is suitable for you if you have had some experience in making pottery. You will be able to pursue your interests in throwing and/or hand building. You will also be introduced to new techniques and approaches and encouraged to explore and make progress in a relaxed and creative environment.

Saturday – Three Pots in a Day**S28** | £44.50/£41.20/£36.70 | **29 September 10.00 – 4.00pm**

Learn the basic handbuilding techniques of ceramics: pinching, coiling, slab construction and press-moulding, combined with effective methods of decoration. We will glaze and fire your pots ready for collection later in the term.

POTTERY CONTINUED

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CALL OR VISIT OUR
WEBSITE FOR A
MATERIALS LIST**SAM HALLETT Pottery Day Studio****P7** | £232.50/£216.00/£193.50 | **Tuesday 10.00 – 4.00pm** | starts **18 Sep** | 6wks**P8** | £232.50/£216.00/£193.50 | **Tuesday 10.00 – 4.00pm** | starts **6 Nov** | 6wks

These six week courses are an opportunity for makers with some experience to enhance and develop their skills, try techniques in construction, surface decoration, using the potters wheel and to progress self directed projects.

Pottery Multi-level**P9** | £279.00/£259.20/£232.20 | **Tuesday 6.30 – 9.30pm** | starts **18 Sep** | 12wks

This longer session gives you the opportunity to work on your own projects, progress your skills and learn new techniques and ideas. Students of all skill levels are welcome.

POTTERY TUTOR Saturday – Pottery Taster: Throwing and Turning**S12** | £44.50/£41.20/£36.70 | **15 September 10.00 – 4.00pm****S39** | £44.50/£41.20/£36.70 | **6 October 10.00 – 4.00pm**

Have you always wanted to try using the potters wheel? This is a great chance to see how it is for you. A whole day learning techniques and skills of 'throwing on the wheel'. We will fire and glaze your pots ready for collection over the following weeks.

ROGER OWEN Pottery Improvers**P10** | £186.00/£172.80/£154.80 | **Thursday 7.45 – 9.45pm** | starts **20 Sep** | 12wks

This course is suitable for you if you have had some experience in making pottery. You will be able to pursue your interests in throwing and/or hand building. You will also be introduced to new techniques and approaches and encouraged to explore and make progress in a relaxed and creative environment.

JO YOUNG Pottery Beginners**P11** | £93.00/£86.40/£77.40 | **Thursday 5.30 – 7.30pm** | starts **20 Sep** | 6wks

This six week course is for complete beginners wanting to learn basic techniques. Each week you will learn several skills through a series of projects designed to use as many processes as possible. These include slab work, pinching, coiling, construction, decorative slip techniques and glazing.

Pottery – Introduction to the Potter's Wheel**P12** | £93.00/£86.40/£77.40 | **Thursday 5.30 – 7.30pm** | starts **8 Nov** | 6wks

A six week course that will teach you how to 'throw a pot' on the wheel. Plenty of time to learn the basics, practice and improve this ancient skill. We will also be glazing and slip decorating to add colour and shine. Limited spaces.

NEW Saturday – Progress your Wheel Skills**S46** | £44.50/£41.20/£36.70 | **20 October 10.00 – 4.00pm**

For beginners who have attended at least one taster day on the basics and feel ready for more challenges. Collaring, shape control, surface, foot rings, squaring and construction. Choose the best to keep and it will be fired and glazed for collection.

WRITING

TIMETABLES
FROM PAGE

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JANE REECE Life Writing Weekly**W1** | £69.00/£62.40/£53.40 | **Tuesday 2.00 – 4.00pm** | starts **18 Sep** | 6wks

An inspiring course where we look at autobiography, biography and memoir. Using a variety of ideas to develop your experiences, memories or diaries into dazzling prose. We will cover structure, language and readership to produce engaging reading.

Saturday – Autobiography, Biography and Memoir**S53** | **M** | £28.75/£26.00/£22.25 | **3 November 10.00 – 4.00pm**

A day of writing your autobiography, biography and memoir, looking at examples of the best, examine our own experiences and the lives of others to write engaging prose. We will focus on structure and content to dazzle your intended readers.

GRACE PALMER Introduction to Creative Writing**W2** | **M** | £138.00/£124.80/£106.80 | **Thursday 5.30 – 7.30pm** | starts **20 Sep** | 12wks

Explore writing stories, poetry and non-fiction. Through fun practical exercises we'll stimulate your imagination and get your words flowing. Whether you are starting out or want to deepen your writing, you are welcome to join.

NEW Short stories and Flash Fiction**W3** | **M** | £69.00/£62.40/£53.40 | **Thursday 1.00 – 3.00pm** | starts **8 Nov** | 6wks

For writers with some experience who want to develop and take their practice further. We'll focus on short stories and flash fiction and explore techniques to make your stories shine. Develop your unique voice in a supportive group with prompts, writing exercises and discussion.

Saturday – Flash Fiction Writing Workshop**S100** | **M** | £17.25/£15.60/£13.35 | **15 December 1.00 – 4.00pm**

Explore writing flash fiction, the shortest of short story forms. We'll provide prompts, editing tips and ideas to improve your work in a supportive, fun session. We'll also discuss opportunities to perform and get your flash published.

LIZ CASHDAN Short Fiction**W4** | £138.00/£124.80/£106.80 | **Monday 5.30 – 7.30pm** | starts **17 Sep** | 12wks

This course is for those who have an interest in writing short stories. We will look at structure and narrative and, through writing exercises we will improve your work. Examine characterisation, setting, pace and dialogue while sharing and discussing your work in a supportive environment. Beginners welcome.

Creative Writing for All**W5** | £138.00/£124.80/£106.80 | **Tuesday 10.30 – 12.30pm** | starts **18 Sep** | 12wks

Whether you are new to writing creatively, or just fancy somewhere to kickstart new writing, this is the course for you. With fun exercises and supportive group endeavour we'll explore story and poetry, and you'll learn techniques for a writing practice. Be prepared to be surprised and to fire up your imagination.

Saturday – Get Started in Creative Writing**S8** | £28.75/£26.00/£22.25 | **15 September 10.00 – 4.00pm**

A workshop full of ideas and prompts to get you started on the writing process or to move you past writing blocks. You will get plenty of ideas to take away to keep writing.

WRITING CONTINUED

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CALL OR VISIT OUR
WEBSITE FOR A
MATERIALS LIST**ROSEMARY DUN Plot Your Novel****W6** | £69.00/£62.40/£53.40 | **Wednesday 5.30 – 7.30pm** | starts **7 Nov** | 6wks

Whether you've started your novel, are at the ideas stage, or have run out of steam – this course is for you. We shall go through structure, the novel question, themes, mid-point reversal, handling viewpoint, and characterisation.

Saturday – Poetry From Nowhere: Writing Workshop**S84** | **M** | £28.75/£26.00/£22.25 | **1 December 10.00 – 4.00pm**

How to write poetry when you don't know where to start. This workshop will give you some tips/ techniques and exercises to help you find poetry from nowhere and indeed from anywhere. Be willing to be bold and have fun.

RACHEL CARTER Saturday – Children's Book in a Day**S25** | **M** | £28.75/£26.00/£22.25 | **29 September 10.00 – 4.00pm**

Do you have a picture book up your sleeve? Or a teen novel with an unforgettable story? Using fun and inspiring exercises, we will explore the tools needed to write your book such as character, setting and plot. We'll also look at the market for such work.

MARK BRECKON Scriptwriting**W7** | £138.00/£124.80/£106.80 | **Tuesday 7.45 – 9.45pm** | starts **18 Sep** | 12wks

This accessible course will provide a hands on guide to writing drama whether you are interested in screenwriting, theatre or radio. With lots of practical exercises to motivate and inspire you, we will be covering dramatic structure, developing ideas, character and dialogue. Beginners welcome.

MUSIC, DANCE & DRAMA

BETH FOURACRE Guitar Beginners**D1** | **M** | £69.00/£62.40/£53.40 | **Wednesday 5.30 – 6.30pm** | starts **19 Sep** | 12wks

Introducing the basics of guitar in a method that is clear, simple and easy to understand. The course will start right at the beginning and we will learn chords, how to play melody and how to read guitar tablature.

JOEL BOBRUCKI Guitar Beginners Continued**D2** | **M** | £69.00/£62.40/£53.40 | **Thursday 6.45 – 7.45pm** | starts **20 Sep** | 12wks

For those who have a basic understanding, the course carries on from the Beginners level. Different aspects of guitar playing will be looked at including an introduction to fingerpicking, how to play barre chords, strumming/rhythm and chord variations.

Guitar Improvers**D3** | **M** | £69.00/£62.40/£53.40 | **Thursday 5.30 – 6.30pm** | starts **20 Sep** | 12wks

For those who feel ready to move on from the basics, this course will carry on from the Beginners Continued level. Developing further skills in finger-picking, lead and rhythm guitar. To do this course you need to have a basic understanding of E-shaped barre chords (even if you can't play them well yet).

BRISTOL FOLK HOUSE

LIVE MUSIC

SEPTEMBER – DECEMBER 2018

The Folk House has long been famous for music in Bristol. Every weekend we bring a great program of music featuring Folk, Acoustic, Roots, Americana and music of all flavours with local, national and international acts.

Our regular sell-out Ceilidh and Swing dance events feature great live bands. Our air-conditioned hall is also used for interesting talks, markets and performances. Check out the website for more dates and info.

All tickets purchased from the Folk House include a 50p administration fee. All our music events held in the cafe or hall are seated. Unfortunately we have no wheelchair access or facilities. Tickets are non-refundable.

JACOB & DRINKWATER
SUNDAY 9 SEPTEMBER

Devon-based duo Jacob & Drinkwater have been called 'stand out new Folk' by BBC6 Music and "inventive and thrilling" by R2 Magazine.

REG MEUROSS
SATURDAY 15 SEPTEMBER

Described by Mark Radcliffe live in session on BBC Radio 2 Folk Show as "a brilliant singer songwriter with a social conscience", Reg has a rare gift of being able to touch people through his songs and performance on a really human level.

SAM CARTER
SUNDAY 23 SEPTEMBER

Sam Carter has been stirring audiences from Camden to Canada, via an attention-grabbing appearance on Later... with Jools Holland and a dreams-really-do-come-true performance in a specially assembled band to back Richard Thompson at Shrewsbury Folk Festival.

THE CHURCHFITTERS
SATURDAY 29 SEPTEMBER

The Churchfitters is a folk band like no other. A double bass made out of a saucepan. Heart-wrenching vocals accompanied by a musical saw. Foot-stompingly fast fiddle mixed with infectious funk-rock rhythms. And traditional tunes reinvigorated with mesmerising jazz sax.

JIMMY ALDRIDGE & SID GOLDSMITH
SUNDAY 30 SEPTEMBER

One of the finest duos to have emerged onto the British folk and acoustic scene in recent years. Their combination of outstanding vocal work, sensitive instrumentation, and a powerful social conscience has brought them widespread critical acclaim.

THE LAKE POETS
FRIDAY 5 OCTOBER

The Lake Poets is Martin Longstaff, a multi-instrumentalist and songwriter from "Somewhere between Bright Eyes and John Martyn. Something Special" – *Mojo* ****

CLAUDIA AURORA
SATURDAY 6 OCTOBER

"Drenched in emotion and drama"
– *Lucy Duran, BBC Radio 3*

"Haunting Portuguese fado... heartbreakingly poignant." – *Time Out*

"Spine-tingling" – *Alex Denney, NME*

CAJUN FESTIVAL
OCTOBER 12, 13, 14

www.bristolcajunfestival.com

ANGE HARDY
SUNDAY 21 OCTOBER

Nominated at the 2015 BBC Radio 2 Folk Awards and celebrated by The Telegraph as "one of Britain's top folk musicians" Ange Hardy has grabbed the attention of the folk music world by writing new material and embracing modern technologies whilst maintaining a traditional feel.

HARMONICA FESTIVAL
OCTOBER 26, 27, 28

A fantastic weekend with workshops, contests, and performances.

www.harmonica.co.uk/festival.htm

KITTY MACFARLANE
SATURDAY 10 NOVEMBER

As well as the release of her debut EP 'Tide & Time' – featuring Sam Kelly (co-producer), Jamie Francis, Lukas Drinkwater, Maya McCourt and Ciaran Algar, and gaining her first national airplay on the BBC Radio 2 Folk Show with Mark Radcliffe, and Tom Robinson's show on BBC 6Music.

PHILLIP HENRY
SUNDAY 11 NOVEMBER

As a virtuoso musician, Henry has explored a wide range of cultures and playing styles, from his studies in Calcutta under master Indian classical slide guitarist Pandit Debashish Bhattacharya, to his transposition of traditional English tunes onto the unusual context of the dobro.

HANNAH JAMES' JIGDOLL ENSEMBLE
SUNDAY 18 NOVEMBER

Spellbindingly innovative musician and dancer Hannah James amazed audiences across the UK with her breath taking one-woman show JigDoll when it debuted in 2015. Now, we are thrilled to announce the future of the show: The JigDoll Ensemble.

IAN PERRY
FRIDAY 23 NOVEMBER

Drawing from diverse and global influences, Ian M Perry creates richly imaginative and soulful songs. His expressive, jazz-tinged voice, multi-layered guitar style and evocative lyrics are captivatingly original and flowing.

COLSTON HALL PRESENTS CHRIS WOOD
SUNDAY 25 NOVEMBER

Chris Wood is an uncompromising writer whose music reveals his love for the un-official history of the English-speaking people. With gentle intelligence he weaves the tradition with his own contemporary parables.

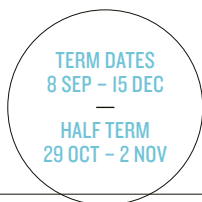
ROSIE HOOD
FRIDAY 30 NOVEMBER

Rosie Hood is a young folk singer from Wiltshire, known for her strong, pure voice and engaging solo performance. A BBC Performing Arts Fellow in 2015 and a 2016 Horizon Award nominee at the Radio 2 Folk Awards, Rosie has become more than purely a traditional singer.

PETER KNIGHT & JOHN SPIERS
SUNDAY 16 DECEMBER

Together they have created a musical document that resonates with history, but also something that should inspire future generations of musicians to engage with Britain's folk dancing heritage.

MUSIC, DANCE & DRAMA CONTINUED



ALEX BISHOP & STEVE HAYNES **Guitar Extended**

D4 | **M** | £69.00/£62.40/£53.40 | **Wednesday 2.30 - 4.30pm** | starts **19 Sep** | 6wks
D5 | **M** | £69.00/£62.40/£53.40 | **Wednesday 2.30 - 4.30pm** | starts **7 Nov** | 6wks
 For guitarists with more experience. Come and share your skills and learn from each other. Each session will involve a taught element, a chance to play and share techniques in small groups, an open session and - for the brave - an opportunity to perform to the group. Bring along material to share and play with others.

ESTHER ROSE PARKES **Enhancing your Voice**

D6 | £103.50/£93.60/£80.10 | **Monday 7.15 - 8.45pm** | starts **17 Sep** | 12wks
 A course for those with some experience of singing who are ready to go deeper and hone their voice skills. Working with a variety of songs from across the globe, we will focus on using the breath and the body to enhance and strengthen our voices.

Finding your Voice

D7 | £69.00/£62.40/£53.40 | **Monday 6.00 - 7.00pm** | starts **17 Sep** | 12wks
 Ideal for those who feel new to singing. Strengthen the breath and work on getting the best out of your voice and develop your musical ear. Singing through a range of songs we will learn techniques for accurate pitching and blending with other singers.

NONNY TABBUSH **Folk House Community Choir**

Tuesday 7.00 - 9.00pm | See www.bristolfolkhouse.co.uk/choir for details.
 A friendly choir based in the heart of Bristol. We learn songs by ear, so there's no need to read music. We don't hold auditions - come along and give it a try. £8 per session.

JOANNA GASIK **Saturday - Traditional Polyphonic Singing from Europe**

NEW S92 | £28.75/£26.00/£22.25 | **8 December 10.00 - 4.00pm**
 Discover the powerful, ancient singing technique and release your natural voice. Feel the magic of traditional polyphonic songs from fields and forests of pagan Europe. Experience the emotional unity singing in harmony with other women.

BETH FOURACRE & ESTHER ROSE PARKES **Saturday - Songwriting Toolbox- 2 Day Workshop**

S47 | £59.50/£54.00/£46.50 | **20-21 October 10.00 - 4.00pm**
 Have you ever wanted to write a song? Do you write songs and are looking for more ideas? This course aims to fill your songwriting toolkit with many creative ways to approach and develop a song, with lots of support. **This is a two day weekend workshop.**

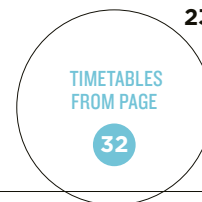
BEN SEARLE **Ukulele for Beginners**

D8 | **M** | £34.50/£31.20/£26.70 | **Thursday 2.00 - 3.00pm** | starts **20 Sep** | 6wks
 For complete beginners or those very new to the 'uke. In a friendly and welcoming atmosphere, this six week course aims to encourage confidence, skill and fun with this wonderful four-stringed instrument. Just bring a ukulele and we'll do the rest.

Ukulele for Improvers

D9 | **M** | £34.50/£31.20/£26.70 | **Thursday 2.00 - 3.00pm** | starts **8 Nov** | 6wks
 This course is ideal for anyone who has been on a beginners course or has learnt a few chords and wants to learn more. Our six week course aims to make you more confident with your ukulele. We look at chords, strumming, timing, and aim to learn some new songs as a group for a strum-a-long.

MUSIC, DANCE & DRAMA CONTINUED



BEN SEARLE **Saturday - Ukulele for Improvers - Plus**

CONTINUED S33 | **M** | £17.25/£15.60/£13.35 | **29 September 1.00 - 4.00pm**

Ideal for everyone who has attended the 'Ukulele for Improvers' course, as well as anyone who has played for a while and wants to learn even more about playing this cheery little instrument. New chords, new strums, picking patterns and riffs. Learn more about playing the ukulele in this supportive class.

AIDAN SHEEHAN **Saturday - Beginners Harmonica Workshop**

S3 | **M** | £28.75/£26.00/£22.25 | **8 September 10.00 - 4.00pm**

Don't leave your harmonica in a drawer. In this friendly class, learn to perform a selection of tunes on your harmonica in a day. Beginners to intermediate level welcome.

Saturday - Blues Intermediate Harmonica Workshop

S54 | **M** | £28.75/£26.00/£22.25 | **3 November 10.00 - 4.00pm**

In this workshop, experience playing the Blues on your harmonica. We will begin learning pieces which don't require note bending at all (but still sound good). Later, have fun trying out some pieces using authentic, Bluesy 'draw bends'.

Saturday - Christmas Harmonica Workshop

S88 | **M** | £28.75/£26.00/£22.25 | **8 December 10.00 - 4.00pm**

Learn to play Christmas tunes on the Harmonica! All welcome.

ED BARROW **Saturday - Swing Dance Taster Workshop**

S51 | **M** | £11.50/£10.40/£8.90 | **20 October 2.00 - 4.00pm**

Step back in time to the 1930's, we will be teaching you all the steps you need to hit the dance floor in true vintage. This two hours will give you a taste for the dance that has two dance parts, leader and follower. The class will be divided between leaders and followers on the day.

CLAIRE PHIPPS **Saturday - 20's Charleston for Beginners Workshop**

S32 | **M** | £12.50/£11.40/£9.90 | **29 September 10.30 - 12.30pm**

Take a trip back to the roaring 1920's as you learn the vintage dance moves that were once danced by the flappers and swingers. No previous dance experience required. Everyone is welcome.

Saturday - Burlesque Workshop

S50 | **M** | £12.50/£11.40/£9.90 | **20 October 10.30 - 12.30pm**

Learn the art of posing, peeling and teasing in a supportive environment. Discover your confident and glamorous burlesque alter-ego. This workshop is fully clothed - we will put more on before we take it off.

Saturday - Dirty Dancing Workshop

S76 | **M** | £12.50/£11.40/£9.90 | **17 November 10.30 - 12.30pm**

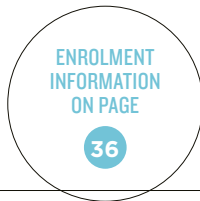
Learn the iconic moves from the best dance film EVER made. No partner needed, just plenty of enthusiasm to have the 'time of your life'.

AANCHAL GUPTA **Bollywood Dance**

D10 | **M** | £69.00/£62.40/£53.40 | **Monday 6.00 - 7.00pm** | starts **17 Sep** | 12wks

Discover the beautiful and colourful world of Bollywood. Learn a whole routine, the tutor will be breaking down each step explaining the techniques and expressions behind it. A fun, healthy class to learn and experience a new culture.

MUSIC, DANCE & DRAMA CONTINUED



AANCHAL GUPTA **Saturday – Bollywood Dance Workshop**

CONTINUED S6 | **M** | £11.50/£10.40/£8.90 | **8 September** 10.30 – 12.30pm

Discover the beautiful and colourful world of Bollywood. This popular dance form from India is filled with elegant expressions and dynamic movements. In this workshop you will learn a whole beginners routine. No previous experience necessary.

NEW **Saturday – Salsa Dance Workshop**

S15 | **M** | £11.50/£10.40/£8.90 | **15 September** 2.00 – 4.00pm

Learn to dance salsa, meet new people, keep fit and have fun. Beginners Salsa workshop with basic footwork, turn patterns and partner work so you never hesitate from dance floor again.

EVE BUTCHERS **Saturday – Ballet for Over 60's - Workshop**

S42 | **M** | £11.50/£10.40/£8.90 | **6 October** 10.30 – 12.30pm

Would you like to enjoy a gentle session of ballet in a welcoming environment? In a supportive setting this workshop will focus on good posture and alignment. Please come and enjoy some gentle movement.

Saturday – Introduction to Ballet Workshop

S24 | **M** | £11.50/£10.40/£8.90 | **22 September** 10.30 – 12.30pm

Focusing on the basic elements of Ballet Training in a relaxed atmosphere. You will be introduced to various steps and movements, and learn about posture and alignment. Come along and sort out the difference between your Port de Bras and Pas de Chats.

CHRISTINE POWER **Circle Dancing**

D11 | £51.75/£46.80/£40.05 | **Monday** 1.30 – 3.00pm | starts **17 Sep** | 6wks

D12 | £51.75/£46.80/£40.05 | **Monday** 1.30 – 3.00pm | starts **5 Nov** | 6wks

In this class we will learn a range of traditional circle dances from across the world. In this friendly group we will dance to Greek, Balkan, Jewish and Irish rhythms by holding hands together. All welcome.

Line Dancing Beginners

D13 | £34.50/£31.20/£26.70 | **Wednesday** 7.00 – 8.00pm | starts **19 Sep** | 6wks

D14 | £34.50/£31.20/£26.70 | **Wednesday** 7.00 – 8.00pm | starts **7 Nov** | 6wks

Thought to originate in the US, Line Dancing has become a global phenomenon with new dances constantly being created. With set sequences to remember, Line Dancing is exercise for the mind as well as the body. A class for complete beginners or those who would like to revise. Suitable for all ages & fitness levels.

Line Dancing Improvers

D15 | £34.50/£31.20/£26.70 | **Monday** 10.30 – 11.30am | starts **17 Sep** | 6wks

D16 | £34.50/£31.20/£26.70 | **Monday** 10.30 – 11.30am | starts **5 Nov** | 6wks

This course is a bridge between the beginners and intermediate classes. It is ideal for those who have mastered the basics either here or elsewhere, and who wish to progress but are not yet ready for the intermediates.

Line Dancing Intermediate

D17 | £51.75/£46.80/£40.05 | **Thursday** 10.30 – 12.00pm | starts **20 Sep** | 6wks

D18 | £51.75/£46.80/£40.05 | **Thursday** 10.30 – 12.00pm | starts **8 Nov** | 6wks

For those who have attended a dance class of any style for more than one year. With a break for a drink and a chat. Two six week courses.

MUSIC, DANCE & DRAMA CONTINUED



CHRISTINE POWER **Line Dancing Advanced**

CONTINUED D19 | £51.75/£46.80/£40.05 | **Wednesday** 10.30 – 12.00pm | starts **19 Sep** | 6wks

D20 | £51.75/£46.80/£40.05 | **Wednesday** 10.30 – 12.00pm | starts **7 Nov** | 6wks

For experienced dancers, to diverse rhythms, with some fast and complicated steps. With a break for a drink and a chat. Two six week courses.

Line Dancing Advanced Plus

D21 | £69.00/£62.40/£53.40 | **Thursday** 12.30 – 1.30pm | starts **20 Sep** | 12wks

For enthusiastic dancers who have ideally attended the Advanced Line Dance Class. Learn long dances with fast steps, quick turns or irregular rhythms. Contact the tutor if you have not previously attended the advanced class.

Saturday – Line Dancing Beginners Workshop

S34 | **M** | £11.50/£10.40/£8.90 | **29 September** 2.00 – 4.00pm

Come and have a go at line dancing! An enjoyable, fun workshop suitable for complete beginners. Line Dancing is exercise for the mind as well as the body, and this class is open to all ages and fitness levels.

MARK BRECKON **Drama and Improvisation Part 1**

D22 | £69.00/£62.40/£53.40 | **Wednesday** 7.00 – 9.00pm | starts **19 Sep** | 6wks

With a playful approach we will develop your creative confidence and spontaneity. We will play theatre games and explore improvisation techniques to release the imagination. A supportive environment.

Drama and Improvisation Part 2

D23 | £69.00/£62.40/£53.40 | **Wednesday** 7.00 – 9.00pm | starts **7 Nov** | 6wks

This is a chance to build on your existing drama skills and explore acting and improvisation exercises. We look in depth at how to create imaginative scenes. A follow on from Part 1 or for those with some prior drama experience.

FITNESS & EXERCISE

LUCY EYRE **Gentle Pilates**

F1 | **M** | £71.00/£64.40/£55.40 | **Monday** 12.00 – 1.00pm | starts **17 Sep** | 12wks

This is a mat based class so the ability to get up and down from standing to seated and lying positions unaided is essential. Suitable for the over 60's or those that prefer a slower paced gentler exercise class.

Pilates – Seated Exercise

F10 | **M** | £71.00/£64.40/£55.40 | **Tuesday** 11.00 – 12.00pm | starts **18 Sep** | 12wks

Each class covers Flexibility, Aerobic, Balance and Strength providing the four vital components of fitness for older adults. This class uses exercises that are safe, enjoyable, effective and accessible to everyone whatever their ability, and can be done seated or standing.

Pilates - Mixed Ability

F2 | **M** | £71.00/£64.40/£55.40 | **Wednesday** 12.30 – 1.30pm | starts **19 Sep** | 12wks

Pilates builds strength from the inside out by targeting deep postural muscles to improve muscle tone and give you great posture. Exercises are non impact and performed in standing, seated and lying positions with the focus on body alignment and core stability. Unsuitable for Pre and post natal women.

FITNESS & EXERCISE CONTINUED

TIMETABLES
FROM PAGE

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PILATES TUTOR **Pilates - Mixed Ability**

F3 | **M** | £71.00/£64.40/£55.40 | **Tuesday 5.45 – 6.45pm** | starts **18 Sep** | 12wks
Pilates builds strength from the inside out by targeting deep postural muscles to improve muscle tone and give you great posture. Exercises are non impact and performed in standing, seated and lying positions with the focus on body alignment and core stability. Unsuitable for Pre and post natal women.

ZOE PITHER **Hatha Yoga**

F4 | **M** | £69.00/£62.40/£53.40 | **Wednesday 5.30 – 6.30pm** | starts **19 Sep** | 12wks
Hatha yoga combines flowing movement with the practice of holding poses for a longer time. Each class will combine gentle postures, working with the breath, and mindfulness to encourage release and relaxation in the mind and body. This class is suitable for beginners as well as those with some prior experience of yoga.

MEL SKINNER **Lunchtime Yoga**

F5 | **M** | £69.00/£62.40/£53.40 | **Tuesday 1.00 – 2.00pm** | starts **18 Sep** | 12wks
Enjoy a lunchtime yoga session. Experience how the practice of simple Yoga postures and breathing techniques can be refreshing. All levels welcome.

LUCY GOLDSACK **Saturday – Yoga for Healthy Backs**

S23 | **M** | £11.50/£10.40/£8.90 | **22 September 2.00 – 4.00pm**
Whether you spend time at a desk or standing on your feet, have poor posture or are recovering after a mild injury. During this workshop we will work to release the back with forward bends and twists, support the lower back by strengthening core muscles and free up chest and shoulders with gentle back bends. Yoga postures for all, beginners welcome.

Saturday – Yoga for Cyclists

S43 | **M** | £11.50/£10.40/£8.90 | **6 October 2.00 – 4.00pm**
For those who cycle or walk on a regular basis, you may have noticed that these activities often result in the shortening of hamstrings, lower back ache and tension in the shoulders. During this workshop, we will work to release the legs - hamstrings, quadriceps and the psoas. Yoga postures for all, beginners welcome.

ANN SHELDON **Qi Gong**

F6 | £69.00/£62.40/£53.40 | **Thursday 6.15 – 7.15pm** | starts **20 Sep** | 12wks
F7 | £69.00/£62.40/£53.40 | **Friday 1.00 – 2.00pm** | starts **21 Sep** | 12wks
A gentle, safe, effective Chinese exercise system to lift the spirits and develop energy for self-healing. Taijiwuxigong exercises are linked to Tai Chi. Tensions are released and balance improved. Activating the flow of Qi refreshes our vital energy.

JEANIE BRICE **Keep Fit in Retirement**

F8 | £34.50/£31.20/£26.70 | **Friday 11.00 – 12.00pm** | starts **21 Sep** | 6wks
F9 | £34.50/£31.20/£26.70 | **Friday 11.00 – 12.00pm** | starts **9 Nov** | 6wks
For ladies of retirement age and over, this course offers gentle exercise to music, to stretch and relax both body and mind. A friendly class and an experienced tutor. Two six week courses.

LANGUAGES

TERM DATES
8 SEP – 15 DEC
—
HALF TERM
29 OCT – 2 NOV

Our language courses are structured by levels. More information about these levels are listed on our website. If you have questions please ring the office on 0117 926 2987 to obtain contact info of the tutors who can advise the best level for you.

ITALIAN

DENISE VARGIU **Italian Beginners Entry Level**

L1 | £103.50/£93.60/£80.10 | **Wednesday 8.15 – 9.45pm** | starts **19 Sep** | 12wks

Italian Beginners Plus

L2 | £86.25/£78.00/£66.75 | **Monday 8.30 – 9.45pm** | starts **17 Sep** | 12wks

DAVIDE ARIASSO **Italian Level 1**

L3 | £103.50/£93.60/£80.10 | **Wednesday 5.00 – 6.30pm** | starts **19 Sep** | 12wks

Italian Level 2

L4 | £86.25/£78.00/£66.75 | **Monday 7.00 – 8.15pm** | starts **17 Sep** | 12wks

Italian Level 3

L5 | £86.25/£78.00/£66.75 | **Wednesday 6.45 – 8.00pm** | starts **19 Sep** | 12wks

SPANISH

GORKA DIAZ **Spanish Beginners Entry Level**

L6 | £103.50/£93.60/£80.10 | **Monday 7.45 – 9.15pm** | starts **17 Sep** | 12wks

L7 | £103.50/£93.60/£80.10 | **Thursday 7.45 – 9.15pm** | starts **20 Sep** | 12wks

Spanish Beginners Plus

L8 | £103.50/£93.60/£80.10 | **Tuesday 7.45 – 9.15pm** | starts **18 Sep** | 12wks

L9 | £103.50/£93.60/£80.10 | **Wednesday 7.45 – 9.15pm** | starts **19 Sep** | 12wks

Spanish Level 1

L10 | £103.50/£93.60/£80.10 | **Wednesday 6.00 – 7.30pm** | starts **19 Sep** | 12wks

Spanish Level 2

L11 | £103.50/£93.60/£80.10 | **Tuesday 6.00 – 7.30pm** | starts **18 Sep** | 12wks

Spanish Level 3

L12 | £103.50/£93.60/£80.10 | **Monday 6.00 – 7.30pm** | starts **17 Sep** | 12wks

NEW Saturday – Spanish Weekend Introduction for Complete Beginners S48

£57.50/£52.00/£44.50 | **10.00 – 4.00pm** | **20-21 October**
This intensive provides a great introduction to Spanish language and culture. Pronunciation, functional vocabulary related to everyday life, cultural information and basic grammatical structures. **This is a two day weekend workshop.**

GERMAN

RITA HANKS **German Beginners Entry**
L13 | £103.50/£93.60/£80.10 | **Monday 7.45 – 9.15pm** | starts **17 Sep** | 12wks
German Beginners Plus
L14 | £103.50/£93.60/£80.10 | **Wednesday 7.45 – 9.15pm** | starts **19 Sep** | 12wks

MARTINA MACKINTOSH **German Level 1**
L15 | £103.50/£93.60/£80.10 | **Thursday 7.45 – 9.15pm** | starts **20 Sep** | 12wks
German Level 2
L16 | £103.50/£93.60/£80.10 | **Thursday 6.00 – 7.30pm** | starts **20 Sep** | 12wks

FRENCH

CATHERINE SFORZA **French Beginners Entry**
L17 | £86.25/£78.00/£66.75 | **Tuesday 5.45 – 7.00pm** | starts **18 Sep** | 12wks

AURELIA MOURIES **French Beginners Plus**
L18 | £86.25/£78.00/£66.75 | **Monday 5.30 – 6.45pm** | starts **17 Sep** | 12wks

ARLETTE HODGKIN **French Level 1**
L19 | £103.50/£93.60/£80.10 | **Thursday 5.30 – 7.00pm** | starts **20 Sep** | 12wks
French Level 2
L20 | £138.00/£124.80/£106.80 | **Tuesday 10.30 – 12.30pm** | starts **18 Sep** | 12wks
French Level 3
L21 | £138.00/£124.80/£106.80 | **Wednesday 10.30 – 12.30pm** | starts **19 Sep** | 12wks
French Level 4
L22 | £138.00/£124.80/£106.80 | **Thursday 10.30 – 12.30pm** | starts **20 Sep** | 12wks
French Conversation
L23 | £69.00/£62.40/£53.40 | **Wednesday 1.30 – 2.30pm** | starts **19 Sep** | 12wks

WELLBEING

JENNIFER MACKERRAS **Introduction to Alexander Technique**
G1 | £51.75/£46.80/£40.05 | **Tuesday 7.15 – 8.45pm** | starts **6 Nov** | 6wks
 Are you hemmed in by habit or plagued by aches and pains? In this six week course you will learn how to apply the ideas and principles of the Alexander Technique to improve your freedom and flexibility in everything you do.
Saturday – Alexander Technique Workshop
S95 | £28.75/£26.00/£22.25 | **15 December 10.00 – 4.00pm**
 The Alexander Technique is a popular method for tackling self-development and change. We'll explore some of the basic ideas of the Technique in a fun, practical and interactive way. Come and see if changing the way you think can improve the way you move.

WELLBEING CONTINUED

BEN GRASSBY **A Foundation Course in NLP (Neuro Linguistic Programming)**
G2 | £71.00/£64.40/£55.40 | **Tuesday 5.30 – 7.30pm** | starts **6 Nov** | 6wks
 Each week we will introduce and experience a new technique from the field of neuro linguistic programming. Learn how to communicate better, free yourself from fears, increase your confidence, change problem behaviours, feel happier, build better relationships and make better decisions.

Saturday – NLP - A Day of Discovery
S64 | £30.75/£28.00/£24.25 | **10 November 10.00 – 4.00pm**
 This exciting workshop will introduce you to NLP and show you the transformation it can make on your life, health, relationships, dreams and work. Learn how to apply simple, powerful and fun techniques to achieve what you want in life and remove old fears. No prior knowledge required.

JACKIE HAWKEN **Saturday – Mindfulness Compassion Insight and Wisdom**
S11 | £28.75/£26.00/£22.25 | **15 September 10.00 – 4.00pm**
 Mindfulness helps the mind to be aware of the present in a non-judgmental way. It can assist us to take care of ourselves and access inner resources to cope with stress and difficulty. Learn practical exercises to help develop this innate ability.

Saturday – Coaching for Self Esteem
S36 | £28.75/£26.00/£22.25 | **6 October 10.00 – 4.00pm**
 Guided by an experienced Life Coach, participants will look at ways to increase their self esteem, take personal responsibility and assess where they are with their lives. Be prepared to set some goals and make positive changes to feel good about yourself.

KATE JORDAN **Saturday – Hypnotherapy for Happiness**
S17 | £28.75/£26.00/£22.25 | **22 September 10.00 – 4.00pm**
 Want more happiness in your life? Hypnotherapy can help. Come and explore what happiness means for you, learn how to deal more effectively with stress, set some personal goals, then relax with some hypnotherapy.

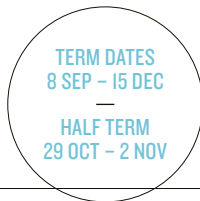
ZOE PITHER **Saturday – Mindfulness for Busy People**
S86 | £11.50/£10.40/£8.90 | **1 December 2.00 – 4.00pm**
 If you are curious about meditation, or if you have tried and need further guidance, this workshop will help you. You will learn how to incorporate meditation peacefully into your daily routine.

MEL SKINNER **Saturday – Develop a Yoga Practice at Home**
S7 | £17.25/£15.60/£13.35 | **15 September 10.00 – 1.00pm**
 Discover the joys of a regular yoga practice by learning simple sequences you can practice at home. Create your own sequence of postures to increase flexibility, reduce stress, and feel more at ease.

Saturday – Yoga Nidra
S60 | £11.50/£10.40/£8.90 | **3 November 2.00 – 4.00pm**
 Discover the practice of yoga nidra, a guided meditation practice. Combining yoga nidra with breathing techniques to help you discover a sense of true letting go, resulting in a sense of deep peace and ease.

ENROLMENT
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WELLBEING CONTINUED

MORVEN HAMILTON **Saturday – Meditation and Mindfulness for Pain**
S77 | **M** | £17.25/£15.60/£13.35 | **17 November** 1.30 – 4.30pm

If you are living with chronic pain or discomfort, meditation and mindfulness can support you and assist with your relationship to difficulty. Apply mindfulness concepts within the context of health, and learn meditations specifically tailored to coping with pain and discomfort.

Saturday – Yoga for Healthy Sleep
S85 | **M** | £17.25/£15.60/£13.35 | **1 December** 1.30 – 4.30pm

Whether you suffer from insomnia or a restless sleeping pattern, you will benefit from this simple, effective practice. Explore yogic techniques for relaxation to support your nervous system and focus your mind.

JOHN SMITH **Herbal Medicine Body Mind and Spirit**
G3 | £69.00/£62.40/£53.40 | **Tuesday** 7.30 – 9.30pm | **starts 8 Nov** | 6wks

Discovering foods, herbs and other natural approaches to support physical, mental and emotional well-being. In this six week course we will be drawing from the healing traditions of Europe, North America, China, India and The Middle East.

Saturday – Oriental Diagnosis
S57 | **M** | £28.75/£26.00/£22.25 | **3 Nov** 10.00 – 4.00pm

A theoretical workshop we'll consider health from an Eastern perspective. Special attention will be given to assessment via pulses and tongue, while investigating The Six Causes of Disease, Chinese Food Therapy and The Five Elements.

Saturday – Eastern Aromatherapy
S89 | £28.75/£26.00/£22.25 | **8 Dec** 10.00 – 4.00pm

Explore how eastern 'attars' are used to promote the health of mind, body and spirit. A theoretical approach to balancing body, mind and spirit. An opportunity to try and experience natural eastern perfume essences.

CELIA BEESON **Saturday – The Magic and Mystery of Singing Bowls**
S70 | **M** | £17.25/£15.60/£13.35 | **17 November** 10.00 – 1.00pm

We will be working with Tibetan singing bowls, learning about these beautiful instruments and how to play them. Absolutely no musical experience or knowledge needed, open to all. There will be a chance to play lots of different bowls and to create a beautiful soundscape together.

LIFE AND LEISURE

TONY SMITH **Saturday – Introduction to Starting your Own Business**
S75 | **M** | £33.60/£30.60/£26.50 | **17 November** 10.00 – 4.30pm

An enjoyable workshop looking at the demands of running your own business. Discover if your business idea is viable. Learn how to produce a business plan, taking into account sales, marketing, operational and financial control. There will be time for confidential 1:1s with this experienced business advisor.

LIFE AND LEISURE CONTINUED

LISA MALYON **Saturday – An Introduction to Social Media for Business**
S80 | **M** | £28.75/£26.00/£22.25 | **1 December** 10.00 – 4.00pm

Terrified by tweets? Hesitant to use a hashtag? Learn how social media can be an enjoyable way to interact and a useful tool to help promote your business or hobby for free. Please bring a laptop or tablet and a good knowledge of the internet in order to get the most out of this workshop. You will all be tweeting by the end of the workshop.

ALISON WILDING **Saturday – How to Buy and Sell on eBay**
S41 | £33.60/£30.60/£26.50 | **6 October** 10.00 – 4.00pm

Learn the tips of the eBay trade in this fun, practical workshop. The course is designed for people wanting to learn about eBay for personal use and you will need to bring a laptop or tablet with you.

Saturday – How to Clear your Clutter
S72 | £28.75/£26.00/£22.25 | **17 November** 10.00 – 4.00pm

Clutter is something we all attract during our lives, and some of us accumulate considerably more of it than others! If you feel overwhelmed by the clutter in your life and are looking for change then this day is for you.

DEM JARDEL **Saturday – Cryptic Crosswords: How to Solve Them**
S21 | £17.25/£15.60/£13.35 | **22 September** 1.00 – 4.00pm

S94 | £17.25/£15.60/£13.35 | **8 December** 1.00 – 4.00pm

This fun workshop will teach you how to solve cryptic crosswords and explain why they're so good for your vocabulary and memory. Bring the cryptic crossword from your favourite newspaper and soon you'll be solving it yourself!

IAN REDFEARN **Wine Tasting: European Classics**
M1 | **M** | £87.75/£82.80/£76.05 | **Tuesday** 7.45 – 9.15pm | **starts 18 Sep** | 6wks
 Get to grips with the wines of Bordeaux, Burgundy, Italy and Spain, amongst others, by tasting six examples of a classic wine-producing region each week.

Wine Tasting: The New World
M2 | **M** | £87.75/£82.80/£76.05 | **Tuesday** 7.45 – 9.15pm | **starts 6 Nov** | 6wks
 Investigate what makes the wines of Australia, New Zealand, South Africa and the Americas unique by tasting and evaluating six wines from a different country each week.

Festive Winter

WEEKEND

Saturday 24 and Sunday 25
November 2018

A weekend of workshops in arts and crafts as well as an evening concert of music, dance and spoken word.

During these events we will be fundraising for some wonderful Bristol based charities. This weekend is part of a global festival called 'Fair Saturday' which aims to create a positive social impact across the world.

For more information, visit our website or fairsaturday.org.

WEEKDAY TIMETABLES

MONDAY

	TIME	PAGE
A10 Art History: Art 1920s & 1930s	10.00 - 12.00	4
A21 Learn to Draw	10.00 - 12.30	5
A22 Learn to Draw	10.00 - 12.30	5
P1 Pottery Day Studio	10.00 - 4.15	16
P2 Pottery Day Studio	10.00 - 4.15	16
D15 Line Dancing Improvers	10.30 - 11.30	24
D16 Line Dancing Improvers	10.30 - 11.30	24
A12 Acrylic Painting	10.30 - 12.30	4
F1 Gentle Pilates	12.00 - 1.00	25
D11 Circle Dancing	1.30 - 3.00	24
D12 Circle Dancing	1.30 - 3.00	24
A23 Painting in Watercolour	1.30 - 4.30	5
A24 Painting in Watercolour	1.30 - 4.30	5
A3 Drawing and Painting from Life	2.00 - 4.30	3
A2 I Wish I Could Paint	2.15 - 4.15	3
L18 French Beginners Plus	5.30 - 6.45	28
C7 Dressmaking	5.30 - 7.30	12
A1 I Wish I Could Draw	5.30 - 7.30	3
C3 Silversmithing Techniques	5.30 - 7.30	12
A4 Life Drawing: Basic Skills	5.30 - 7.30	3
W4 Short Fiction	5.30 - 7.30	18
D10 Bollywood Dance	6.00 - 7.00	23
D7 Finding your Voice	6.00 - 7.00	22
L12 Spanish Level 3	6.00 - 7.30	27
P5 Pottery Improvers	6.00 - 9.00	16
L4 Italian Level 2	7.00 - 8.15	27
D6 Enhancing your Voice	7.15 - 8.45	22
L13 German Beginners Entry Level	7.45 - 9.15	28
L6 Spanish Beginners Entry	7.45 - 9.15	27
C8 Dressmaking	7.45 - 9.45	12
A20 Oil Painting Intermediate	7.45 - 9.45	5
A18 Watercolour for Beginners	7.45 - 9.45	5
C4 Silversmithing Techniques	7.45 - 9.45	12
L2 Italian Beginners Plus	8.30 - 9.45	27

TUESDAY

	TIME	PAGE
P7 Pottery Day Studio Tuesday	10.00 - 4.00	17
P8 Pottery Day Studio Tuesday	10.00 - 4.00	17
A44 Darkroom Discovery Course	10.30 - 1.00	9

TUESDAY

	CONTINUED	TIME	PAGE
W5 Creative Writing for All		10.30 - 12.30	18
L20 French Level 2		10.30 - 12.30	28
F10 Pilates - Seated Exercise		11.00 - 12.00	25
F5 Lunchtime Yoga		1.00 - 2.00	26
A17 Exploring Drawing		1.30 - 3.30	4
C9 Dressmaking		2.00 - 4.00	12
W1 Life Writing Weekly		2.00 - 4.00	18
C5 Silversmithing Techniques		3.00 - 5.00	12
A5 Painting in Oils and Acrylics		4.00 - 6.00	3
G2 A Foundation Course in NLP		5.30 - 7.30	29
C10 Dressmaking		5.30 - 7.30	12
A36 Etching and Drypoint		5.30 - 7.30	7
F3 Pilates Mixed Ability		5.45 - 6.45	26
L17 French Beginners Entry		5.45 - 7.00	28
L11 Spanish Level 2		6.00 - 7.30	27
A6 Painting in Oils and Acrylics		6.15 - 8.15	3
P9 Pottery Multi-level		6.30 - 9.30	17
G1 Intro to Alexander Technique		7.15 - 8.45	28
C17 Knitting and Crochet		7.15 - 9.15	14
M1 Wine Tasting: European Classics		7.45 - 9.15	31
M2 Wine Tasting: The New World		7.45 - 9.15	31
L8 Spanish Beginners Plus		7.45 - 9.15	27
A39 Collograph Printing		7.45 - 9.45	8
A40 Creative Fabric Printing		7.45 - 9.45	8
C11 Dressmaking		7.45 - 9.45	12
W7 Scriptwriting		7.45 - 9.45	19

WEDNESDAY

	TIME	PAGE
A25 Landscapes in Watercolour	10.00 - 1.00	5
A26 Landscapes in Watercolour	10.00 - 1.00	5
P4 Pottery Beginners Extended	10.00 - 12.30	16
D19 Line Dancing Advanced	10.30 - 12.00	25
D20 Line Dancing Advanced	10.30 - 12.00	25
L21 French Level 3	10.30 - 12.30	28
A14 Experimental Art	10.30 - 12.45	4
F2 Pilates - Mixed Ability	12.30 - 1.30	25
L23 French Conversation	1.30 - 2.30	28
A37 Lino Printing	2.00 - 4.00	8
A8 Portraiture	2.00 - 4.30	3

WEEKDAY TIMETABLES

WEDNESDAY

	CONTINUED	TIME	PAGE
A9 Portraiture		2.00 - 4.30	3
D4 Guitar Extended		2.30 - 4.30	22
D5 Guitar Extended		2.30 - 4.30	22
L3 Italian Level 1		5.00 - 6.30	27
D1 Guitar Beginners		5.30 - 6.30	19
F4 Hatha Yoga		5.30 - 6.30	26
C15 Dressmaking		5.30 - 7.30	13
A38 Lino Printing		5.30 - 7.30	8
A7 Painting in Oils and Acrylics		5.30 - 7.30	3
W6 Plot Your Novel		5.30 - 7.30	19
P6 Pottery Improvers		5.30 - 7.30	16
L10 Spanish Beginners Level 1		6.00 - 7.30	27
L5 Italian Level 3		6.45 - 8.00	27
D13 Line Dancing Beginner		7.00 - 8.00	24
D14 Line Dancing Beginner		7.00 - 8.00	24
D22 Drama and Improvisation Pt 1		7.00 - 9.00	25
D23 Drama and Improvisation Pt 2		7.00 - 9.00	25
L14 German Beginners Plus Level		7.45 - 9.15	28
L9 Spanish Beginners Plus		7.45 - 9.15	27
C16 Dressmaking		7.45 - 9.45	13
A19 Oil Painting for Beginners		7.45 - 9.45	5
P3 Pottery Beginners		7.45 - 9.45	16
C6 Silversmithing Techniques		7.45 - 9.45	12
L1 Italian Beginners Entry Level		8.15 - 9.45	27

THURSDAY

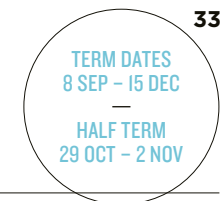
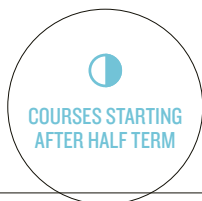
	TIME	PAGE
A27 Sketching in Watercolour	10.00 - 1.00	6
A28 Sketching in Watercolour	10.00 - 1.00	6
D17 Line Dancing Intermediate	10.30 - 12.00	24
D18 Line Dancing Intermediate	10.30 - 12.00	24
L22 French Level 4	10.30 - 12.30	28
C19 Woodcarving Course	10.30 - 12.30	15
C20 Woodcarving Course	10.30 - 12.30	15
A31 The Versatility of Watercolour	10.30 - 12.45	6
D21 Line Dancing Advanced Plus	12.30 - 1.30	25
W3 Short Stories and Flash Fiction	1.00 - 3.00	18
A42 Digital Camera: Beginners	1.00 - 4.00	9
A43 Digital Camera: Improvers	1.00 - 4.00	9

THURSDAY

	CONTINUED	TIME	PAGE
D8 Ukulele for Beginners		2.00 - 3.00	22
D9 Ukulele for Improvers		2.00 - 3.00	22
A11 Art History: The 15th Century		2.00 - 4.00	6
A32 Painting Projects: Multi-level		2.00 - 4.15	6
A29 Botanical Painting		2.00 - 5.00	6
A30 Skies and Seascapes		2.00 - 5.00	4
D3 Guitar Improvers		5.30 - 6.30	19
L19 French Level 1		5.30 - 7.00	28
A41 Creative Printmaking		5.30 - 7.30	8
A15 Experimental Art		5.30 - 7.30	4
A16 Experimental Art		5.30 - 7.30	4
P11 Pottery - Beginners		5.30 - 7.30	17
P12 Intro to the Potter's Wheel		5.30 - 7.30	17
C13 Sewing for Beginners		5.30 - 7.30	13
W2 Introduction to Creative Writing		5.30 - 7.30	18
L16 German Level 2		6.00 - 7.30	28
A45 Photography: Cyanotypes		6.00 - 9.00	11
F6 Qi Gong		6.15 - 7.15	26
D2 Guitar Beginners Continued		6.45 - 7.45	19
C18 Basket Weaving Course		7.30 - 9.30	14
A34 Figure Drawing and Anatomy		7.30 - 9.30	7
G3 Herbal Medicine		7.30 - 9.30	30
L15 German Level 1		7.45 - 9.15	28
L7 Spanish Beginners Entry		7.45 - 9.15	27
A33 Exploring Illustration Extended		7.45 - 9.45	7
P10 Pottery Improvers		7.45 - 9.45	17
C12 Sewing for Beginners		7.45 - 9.45	13
A35 Cartoons and Comics		8.00 - 9.45	7

FRIDAY

	TIME	PAGE
C1 Stained Glass	10.00 - 12.30	11
C2 Stained Glass	10.00 - 12.30	11
C14 Sewing for Beginners	11.00 - 1.00	13
F8 Keep Fit in Retirement	11.00 - 12.00	26
F9 Keep Fit in Retirement	11.00 - 12.00	26
F7 Qi Gong (Fri)	1.00 - 2.00	26
C21 Printing for Home Accessories	1.00 - 3.00	13



TERM DATES
8 SEP – 15 DEC
—
HALF TERM
29 OCT – 2 NOV

SATURDAY SCHOOLS TIMETABLES

SATURDAY 8 SEPTEMBER PAGE

S1	Hardback Bookbinding	10.00 - 3.00	15
S2	Acrylic Painting Workshop	10.00 - 4.00	4
S3	Beginners Harmonica Workshop	10.00 - 4.00	23
S4	Sewing for Beginners Workshop	10.00 - 4.00	13
S5	Silver Ring in a Day	10.00 - 4.00	12
S6	Bollywood Dance Workshop	10.30 - 12.30	24

SATURDAY 15 SEPTEMBER PAGE

S7	Yoga Practice at Home	10.00 - 1.00	29
S8	Get Started in Creative Writing	10.00 - 4.00	18
S9	Introduction to Enamelling	10.00 - 4.00	12
S10	Knitting and Crochet Workshop	10.00 - 4.00	14
S11	Mindfulness Compassion...	10.00 - 4.00	29
S12	Pottery: Throwing and Turning	10.00 - 4.00	17
S13	Sewing for Beginners Workshop	10.00 - 4.00	13
S14	Introduction to Lino Printing	10.00 - 4.00	8
S15	Salsa Dance Workshop	2.00 - 4.00	24

SATURDAY 22 SEPTEMBER PAGE

S16	Drawing Complete Beginners	10.00 - 4.00	7
S17	Hypnotherapy for Happiness	10.00 - 4.00	29
S18	Mosaic Workshop	10.00 - 4.00	12
S19	Pottery: Brown Betty Teapot	10.00 - 4.00	16
S20	Digital Camera Workshop	10.00 - 4.00	9
S24	Introduction to Ballet Workshop	10.30 - 12.30	24
S21	Cryptic Crosswords	1.00 - 4.00	31
S22	Celtic Art: Introducing Knotwork	1.00 - 4.00	8
S23	Yoga for Healthy Backs	2.00 - 4.00	26

SATURDAY 29 SEPTEMBER PAGE

S25	Childrens Book in a Day	10.00 - 4.00	19
S26	Make a Bag in a Day	10.00 - 4.00	13
S27	Oil Painting Workshop	10.00 - 4.00	5
S28	Pottery - Three Pots in a Day	10.00 - 4.00	16
S29	Stained Glass Mirror Taster Day	10.00 - 4.00	11
S30	Have a go Darkroom Taster	10.00 - 4.00	9
S31	Crochet and Squares	10.00 - 4.00	14
S32	20s Charleston for Beginners	10.30 - 12.30	23
S33	Ukulele for Improvers - Plus	1.00 - 4.00	23
S34	Line Dancing Beginner	2.00 - 4.00	25

SATURDAY 6 OCTOBER PAGE

S35	Calligraphy - Roundhand	10.00 - 4.00	15
S36	Coaching for Self Esteem	10.00 - 4.00	29
S37	Landscapes in Watercolour	10.00 - 4.00	6
S38	Portraiture Workshop	10.00 - 4.00	3
S39	Pottery: Throwing and Turning	10.00 - 4.00	17
S40	Tactile Photography	10.00 - 4.00	9
S102	B&W Photo Developing	10.00 - 4.00	11
S41	How to Buy and Sell on eBay	10.00 - 4.30	31
S42	Ballet for Over 60's - Workshop	10.30 - 12.30	24
S43	Yoga for Cyclists	2.00 - 4.00	26

SATURDAY 20 OCTOBER PAGE

S44	Art of the Spanish Civil War	10.00 - 1.00	4
S45	Multi Block Lino Printing	10.00 - 4.00	8
S46	Pottery: Wheel Skills	10.00 - 4.00	17
S47	Songwriting Toolbox	10.00 - 4.00	22
S48	Spanish Weekend Intro	10.00 - 4.00	27
S49	Understanding Colour in Oils	10.00 - 4.30	6
S50	Burlesque Workshop	10.30 - 12.30	23
S51	Swing Dance Taster Workshop	2.00 - 4.00	23

ENROLMENT
INFORMATION
ON PAGE

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SATURDAY SCHOOLS TIMETABLES

SATURDAY 3 NOVEMBER PAGE

S52	Indigo Dye Workshop	10.00 - 1.00	14
S53	Autobiography, Biography...	10.00 - 4.00	18
S54	Blues Intermediate Harmonica	10.00 - 4.00	23
S55	Introduction to Cartooning	10.00 - 4.00	7
S56	Natural DIY Spa Day	10.00 - 4.00	11
S57	Oriental Diagnosis	10.00 - 4.00	30
S58	Surrealist Photography	10.00 - 4.00	9
S59	Illustrative Life Drawing	1.30 - 4.30	7
S60	Yoga Nidra	2.00 - 4.00	29

SATURDAY 10 NOVEMBER PAGE

S61	Calligraphy - Italics	10.00 - 4.00	15
S62	Handmade Lingerie Workshop	10.00 - 4.00	13
S63	Painting with Chemistry	10.00 - 4.00	11
S64	NLP - A Day of Discovery	10.00 - 4.00	29
S65	Printing with Stencils Workshop	10.00 - 4.00	8
S66	Stained Glass Taster Day	10.00 - 4.00	11
S67	Digital Camera Workshop	10.00 - 4.00	9
S68	Willow Owl Sculpture Workshop	10.00 - 4.00	15
S69	Shibori Extended	10.00 - 4.00	14

SATURDAY 17 NOVEMBER PAGE

S70	Magic & Mystery of Singing Bowls	10.00 - 1.00	30
S71	Botanical Painting Workshop	10.00 - 4.00	6
S72	How to Clear your Clutter	10.00 - 4.00	31
S73	Interior Design Workshop	10.00 - 4.00	12
S74	Natural Dye Workshop	10.00 - 4.00	14
S103	B&W Photo Printing	10.00 - 4.00	11
S75	Starting your Own Business	10.00 - 4.30	30
S76	Dirty Dancing	10.30 - 12.30	23
S77	Meditation and Mindfulness	1.30 - 4.30	30

SATURDAY 24 NOVEMBER PAGE

S101	Have a go Darkroom Taster	10.00 - 4.00	9
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SATURDAY 1 DECEMBER PAGE

S78	Paint Small Leather Goods	10.00 - 1.00	15
S79	Decorations - Knit and Crochet	10.00 - 4.00	14
S80	Social Media for Business	10.00 - 4.00	31
S81	Letter Cutting Wood Workshop	10.00 - 4.00	15
S82	Lino Printing onto Fabric	10.00 - 4.00	8
S83	Painting from Life Workshop	10.00 - 4.00	3
S84	Poetry From Nowhere	10.00 - 4.00	19
S85	Yoga for Healthy Sleep	1.30 - 4.30	30
S86	Mindfulness for Busy People	2.00 - 4.00	29

SATURDAY 8 DECEMBER PAGE

S87	Charcoal Pastels Workshop	10.00 - 4.00	5
S88	Christmas Harmonica Workshop	10.00 - 4.00	23
S89	Eastern Aromatherapy	10.00 - 4.00	30
S90	Sewing Surgery	10.00 - 4.00	13
S91	Skies and Seascapes W'colour	10.00 - 4.00	6
S92	Traditional Polyphonic Singing	10.00 - 4.00	22
S93	Printing onto Objects	10.00 - 4.00	9
S94	Cryptic Crosswords	1.00 - 4.00	31

SATURDAY 15 DECEMBER PAGE

S95	Alexander Technique Workshop	10.00 - 4.00	28
S96	Drawing for Improvers	10.00 - 4.00	7
S97	Sew a Christmas Stocking	10.00 - 4.00	13
S98	Silver Ring in a Day	10.00 - 4.00	12
S99	Willow Reindeer Sculpture	10.00 - 4.00	15
S100	Flash Fiction Writing Workshop	1.00 - 4.00	18

ENROLMENT INFORMATION

We look forward to you visiting the Bristol Folk House. To ensure you are fully prepared and make the most of your time with us, please read our terms and conditions thoroughly.

For full Terms and Conditions and our Privacy Policy, please visit our website at www.bristolfolkhouse.co.uk/how-to-enrol or speak to a member of staff.

HOW TO ENROL

To book a course or workshop call us on:

0117 926 2987

You can enrol:



In person



By phone



By post

Office opening hours (during term time):

Monday – Thursday 9am – 9pm

Friday – Saturday 9am – 5pm

At peak times we are very busy, we will deal with your enrolments as quickly as we can and we really appreciate your patience. If you cannot get through on the phone, please leave us a message and we will get back to you as soon as possible.

On busy enrollment weeks, there may be a delay receiving your confirmation email. We thank you for your patience.

- We accept cash; card payments and cheques (please do not send cash or credit card details in the post or via email).
- If you would like to pay by cheque, please contact the office in advance to check the availability on your chosen course. Please complete the enrolment form and cheque and post them to 40a Park Street, Bristol BS1 5JG. Please make cheques payable to BRISTOL FOLK HOUSE CO-OP LTD.
- Places are booked on a first-come-first-served basis upon receipt of full payment.
- You must be over 18 years old to attend a course or workshop at the Bristol Folk House.
- Some courses are very popular and book up quickly. To be notified of enrolment dates, please sign up to the mailing list on our website or become a Friend of the Folk House and have a programme delivered to your door. For more details see page 38.

Please note: If you have a disability, learning difficulty or mental health issue which may affect your participation in your chosen course please contact the office prior to enrolling. If you need to bring a Carer or Support Worker with you to the class, please inform the office when enrolling so we can make arrangements. Unfortunately, we have no wheelchair access or facilities.

FEES

We are committed to keeping our course prices low. We do offer concession rates for anyone over 65 or claiming the benefits listed below. As we are a self-funded organisation we receive no financial support in order to offer these rates.

The concessionary rate is for those whose sole source of income is from a state benefit. We accept Universal Credit, which includes Income Support, Job Seeker's Allowance and Employment and Support Allowance. Please show a recent letter or statement stating your benefit when enrolling.

REFUNDS

In the event that we have to cancel a course, we aim to inform you 2 days before the start date, or at least 24 hours before a day workshop. If we have to cancel a course, then you will receive a full refund.

If your refund request does not fall within the areas listed below, it is possible that you are not eligible for a refund.

- If you wish to cancel your place you must inform us at least 7 days before the start date of your course or workshop. In this case you will receive a refund minus a 10% admin fee. (10% of the course fees or £5, whichever is greater).
- If you give us less than 7 days' notice, or your course or workshop has already started a refund will be not given.
- If you are requesting a refund due to an illness, medical condition, disability or injury that will prevent you from participating in the course, we will consider a pro-rata refund for the sessions you have not attended or transfer you to a more suitable course. We consider all requests on an individual basis and are at the discretion of the General Manager. We may ask to see a medical note.

MATERIALS LIST

Some courses may involve additional costs for materials. Some costs will be included in the course fee; others will be outlined on the website under the materials list section. Please check the materials list before attending.

GIFT VOUCHERS

Gift Vouchers can be purchased from the Bristol Folk House reception or by calling 0117 926 2987. Gift vouchers are valid for one year from date of purchase. They can only be used on courses and workshops and cannot be redeemed in the cafe. Please allow 5 working days for delivery.

CHANGES TO THE PROGRAMME

The Folk House reserves the right to change tutors, courses and times after the publication of the programme. We are unable to grant a refund on the grounds of a change of tutor. Tutors may have different teaching styles, however, we guarantee a consistency in the quality of the teaching. Make-up classes will be arranged if a tutor has to miss a class.

TERM DATES

Term dates: 8 September – 15 December 2018
Half term: 29 October – 2 November 2018

There are no classes during half term and all 12 week courses have a break during this period.



Like the look of the Folk House prospectus? In need of something similar?

ANNA CLEARY · GRAPHIC DESIGN | email: studio@annacleary.co.uk

BRISTOL FOLK HOUSE MEMBERS

IF YOU'D LIKE TO JOIN YOU CAN EITHER FILL IN THE ENROLMENT FORM ON THE BACK PAGE OR CALL US ON 0117 926 2987

The Bristol Folk House is a self-funded not-for-profit organisation. We rely heavily on the support from our friends. With your support we can continue to provide the community with a huge range of affordable courses and workshops, live music and events.

Becoming a Member is a great way of securing the future of the Folk House and allows you to enjoy all the benefits, some of which are listed below:



Printed/Digital Programme delivered to you 4 times a year before the general public



Newsletters with updates, events and offers



Early and quick enrolment a day before everyone else



Discount in local shops

Please visit the website for more information www.bristolfolkhouse.co.uk

20% OFF

excluding existing offers

BRISTOL FINE ART

74 PARK ROW · BRISTOL · BS1 5LE
www.bristolfineart.co.uk

Stationery WORLD

20% off (excluding existing offers)

63 PARK STREET · BRISTOL · BS1 5NU
www.stationeryworldonline.co.uk

ENROLMENT FORM

AUTUMN TERM 2018

Please complete in BLOCK CAPITALS

If you would like to give a voluntary £1 contribution towards the up-keep of the Bristol Folk House with your enrolment, please tick the box below and include payment with your course fee. **Thank you.**

FIRST NAME SURNAME

ADDRESS (Members only)

..... POSTCODE

DAYTIME TELEPHONE

E-MAIL

We do not share your details with any 3rd parties. We or the tutor will only contact you about the course or workshop you are enrolled on. If you would like to hear about future courses, please visit our website and join our mailing list.

Please tick the concessionary rate which applies to you:

65+ years Benefit rate

If you claim benefits, please contact the office before enrolling. You will be asked to provide current dated proof.

Before enrolling by post please contact us by phone to ensure there is space on your chosen course.

CODE	COURSE NAME	DAY	TIME	FEE
.....
.....
.....
.....

DATE PAID TOTAL

Card Cash Cheque Gift Voucher

Voluntary donation

Please make cheques payable to BRISTOL FOLK HOUSE CO-OP LTD.

BECOME A MEMBER OF THE FOLK HOUSE

If you would like to become a Member of the Folk House please complete this section. See page 38 for more details. Membership is £12.00 a year.

To join please complete this section of the form.

DATE PAID Cash Cheque Card



GET IN TOUCH



0117 926 2987



admin@bristolfolkhouse.co.uk
www.bristolfolkhouse.co.uk



BRISTOL FOLK HOUSE
CO-OPERATIVE LTD.

40A Park Street,
Bristol BS1 5JG

HOW TO BOOK

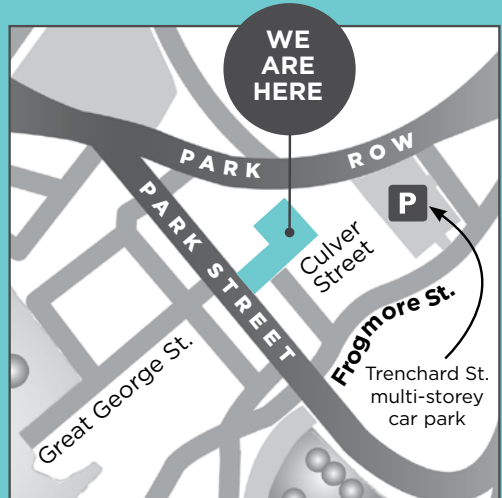
Please visit our website for full listings.
Enrolment information is listed on page 36.

HOW TO FIND US

Hidden behind the shops of Park Street.
The entrance is situated up the alleyway
next to Nomad Travel Shop. The rear
entrance is in Culver Street.

PLEASE NOTE

We do not have any parking facilities.
We encourage you to arrive by bike, bus
or on foot. Unfortunately we have no
wheelchair access or facilities.



*Folk House
Café & Bar*

**LOCAL, ORGANIC, SUSTAINABLE,
ETHICAL, DELICIOUS**

Breakfast, lunch and light suppers – we believe in helping to create a more sustainable and wholesome world, one bowl of soup at a time.

We cater for events anywhere - weddings, festivals, parties, meetings, conferences.

Call **0117 908 5035** email **food@folkhousecafe.co.uk** | www.folkhousecafe.co.uk



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